

PRIMARY HYPEROXALURIA TYPE I

MANSOURA NEPHROLOGY CONGRESS 2016



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Cairo University



KASR ALAINY
CAIRO UNIVERSITY - FACULTY OF MEDICINE



LEPOUTRE C.

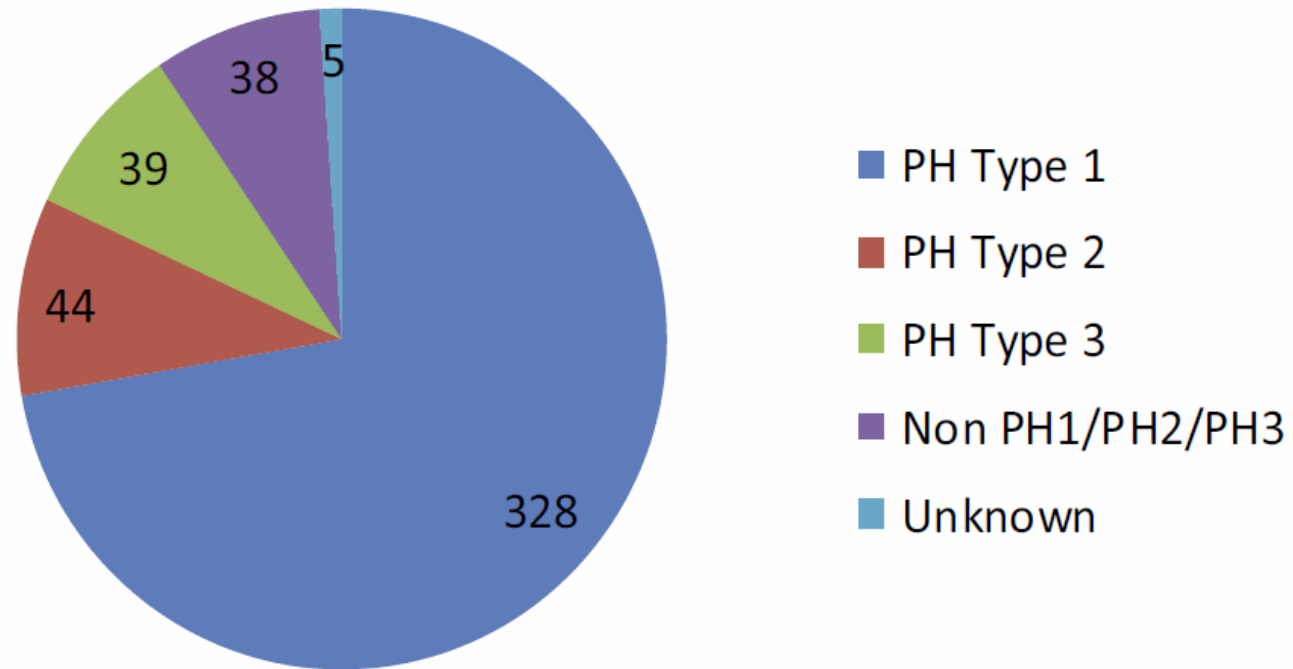
1925

Calculs multiples chez un enfant: Infiltration du parenchyme rénal par des dép.ts cristallins. J Urol 1925

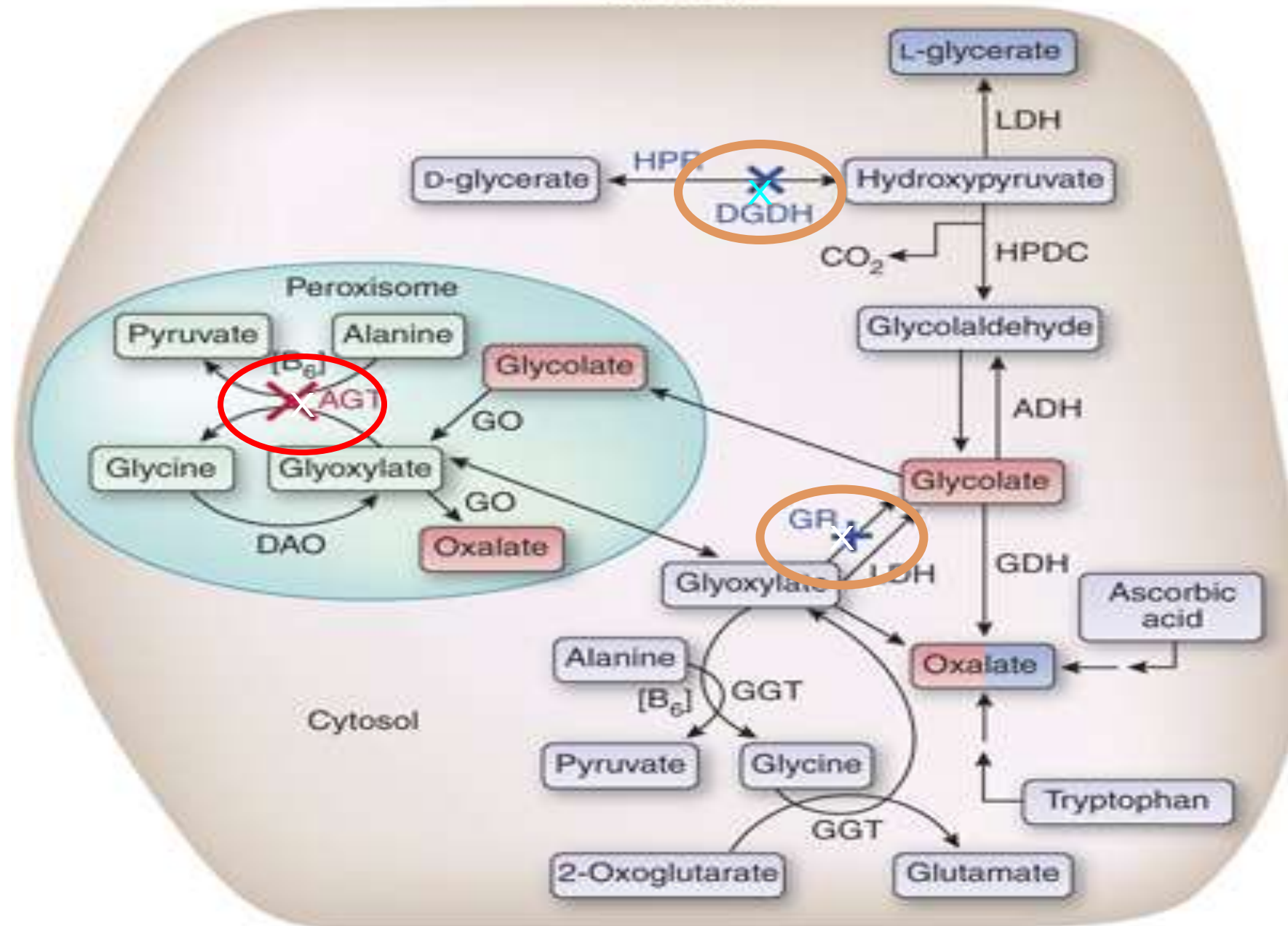


RARE KIDNEY STONE
CONSORTIUM

PH Type



Hepatocyte



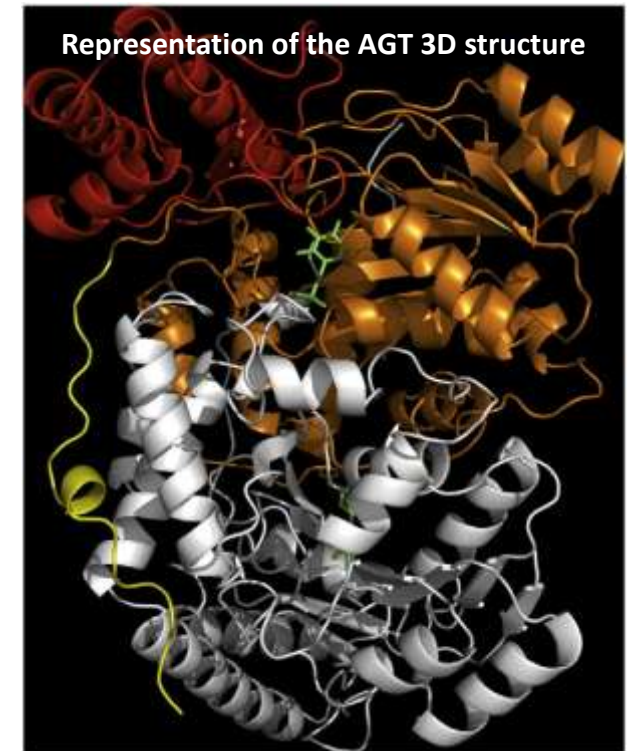
WHY?

Table 2. Features and Treatment of the Inherited Primary Hyperoxalurias.

Feature	Type 1	Type 2	Type 3
Chromosomal location	2q37.3	9p13.2	10q24.2
Age at onset	All ages, although mostly in childhood	All ages	All ages
Presentation	Calcium oxalate renal stones, nephrocalcinosis, renal failure	Calcium oxalate renal stones	Calcium oxalate renal stones
Treatment			
Supportive treatment	Hydration, citrate, pyridoxine	Hydration, citrate	Hydration, citrate
Transplantation	Liver and kidney	Kidney	Not required — no reported cases of renal failure to date

Primary hyperoxaluria type I

- AR, MIM #259900
- Deficiency of the liver specific, peroxisomal, pyridoxal phosphate-dependent enzyme **alanine : glyoxylate amino transferase (AGT)** leading to hyperoxaluria, progressive renal involvement, and subsequent systemic deposition of calcium oxalate (Caox)

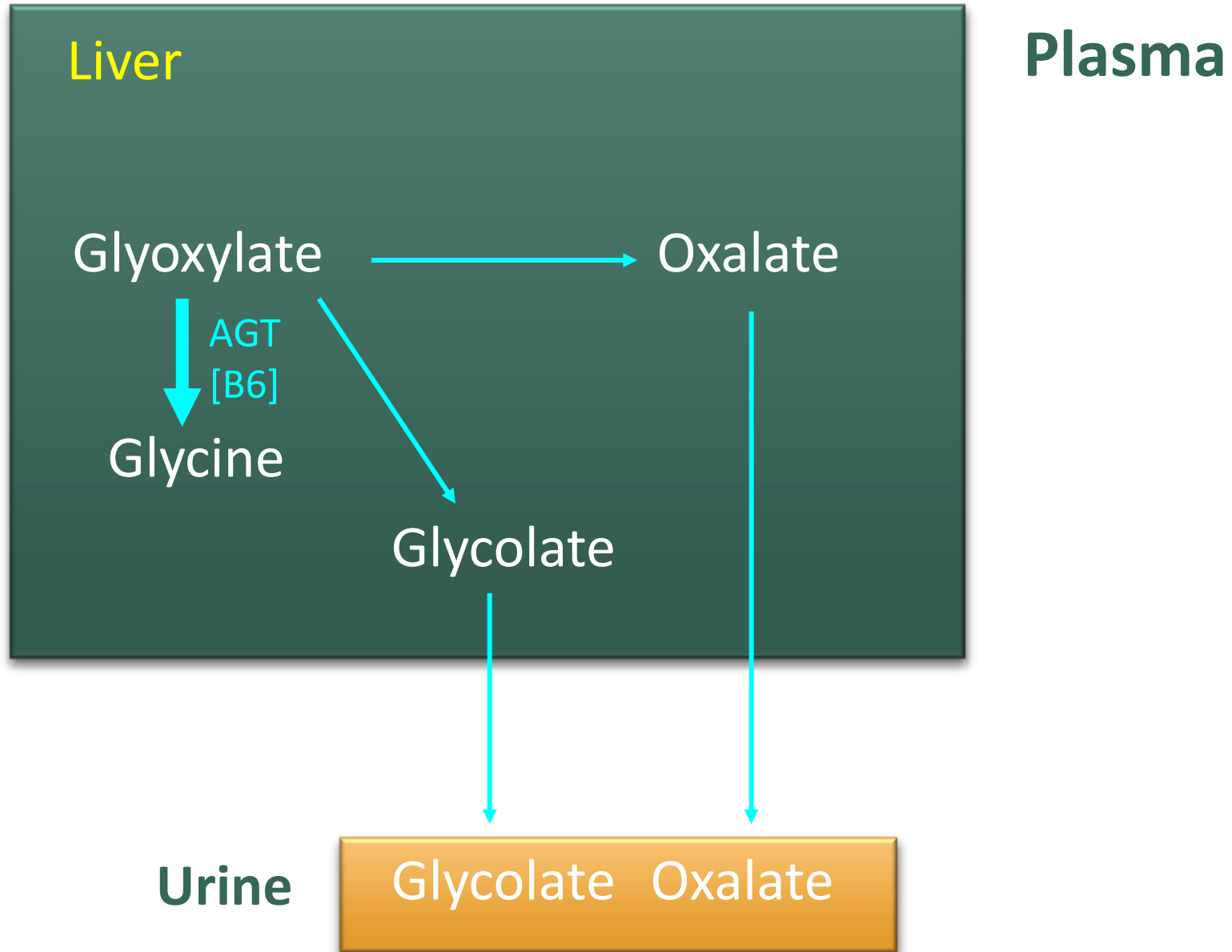


-
- Lack of familiarity with PHs
 - Heterogeneous clinical expressions
 - Diagnostic delay ESRD!

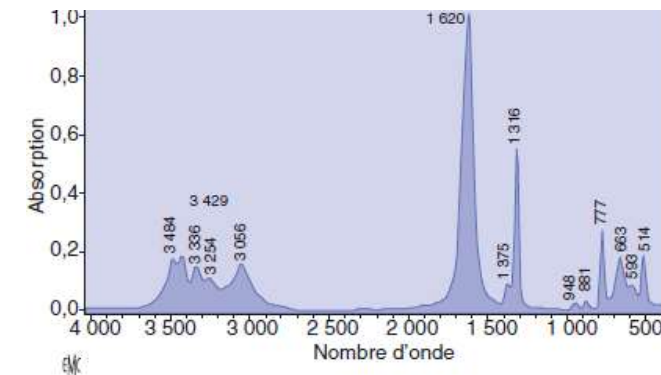
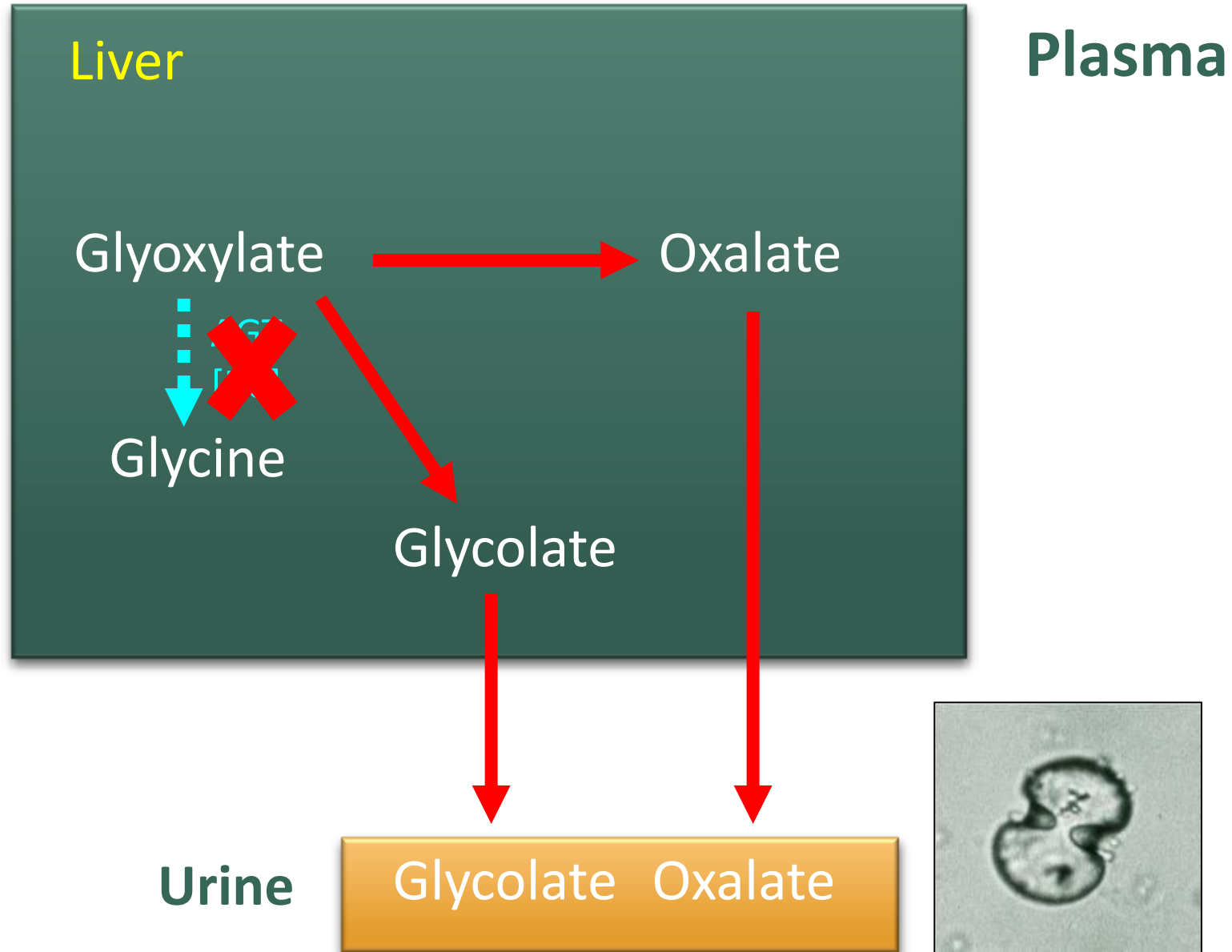
- Knowledge of the spectrum of disease expression
- Early diagnosis/initiation of treatment before renal failure

HIGH INDEX OF CLINICAL SUSPICION

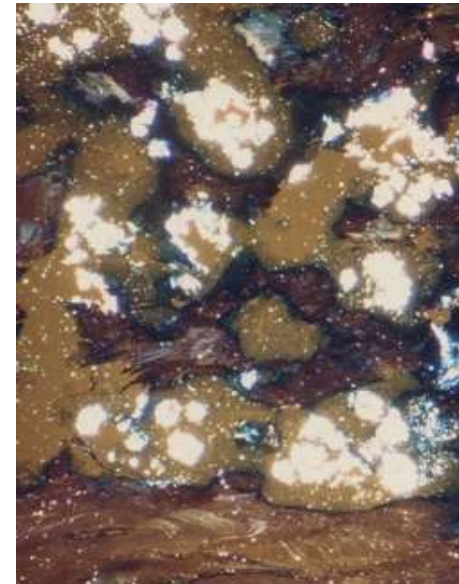
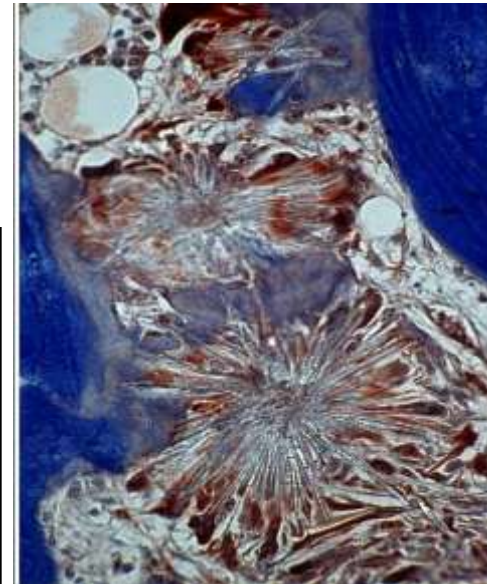
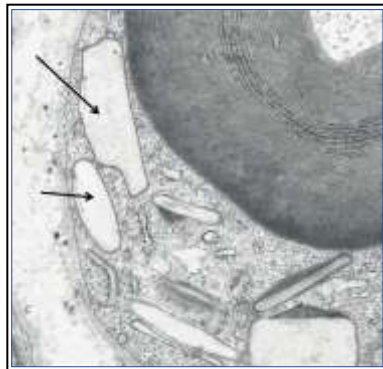
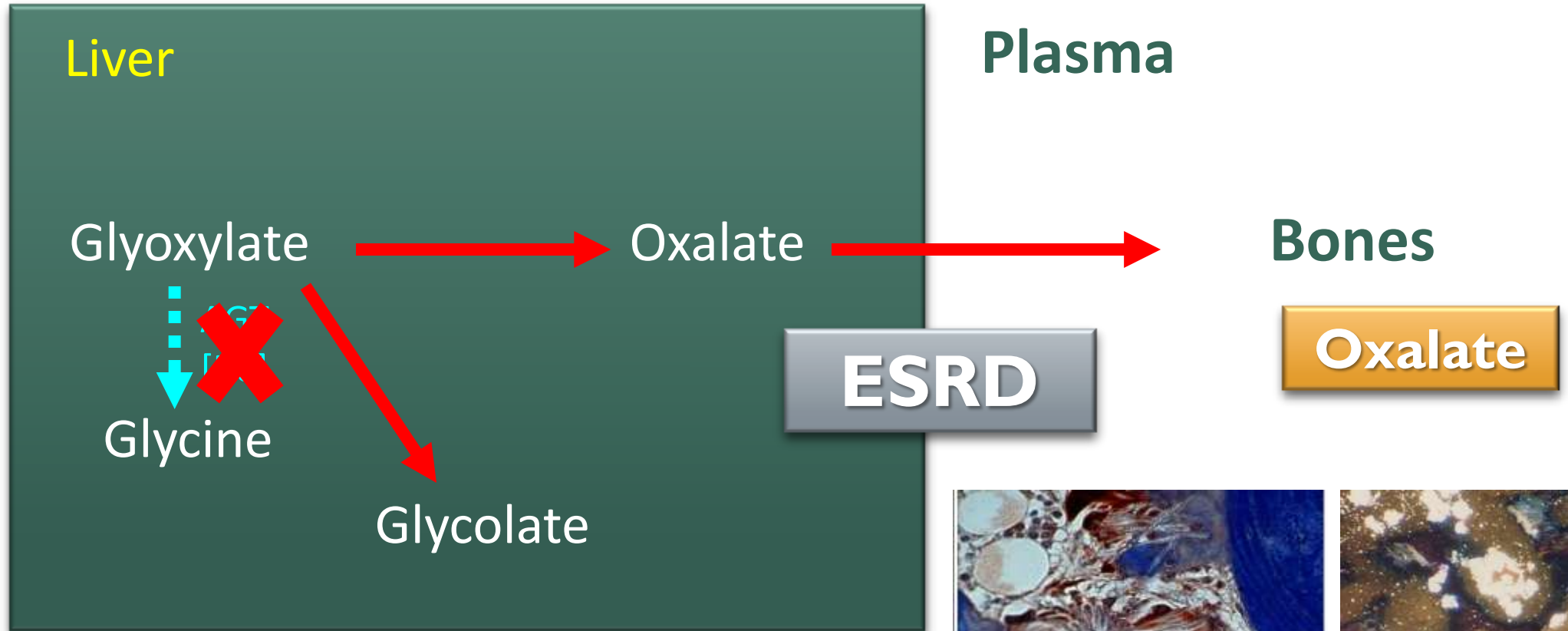
Healthy



Healthy

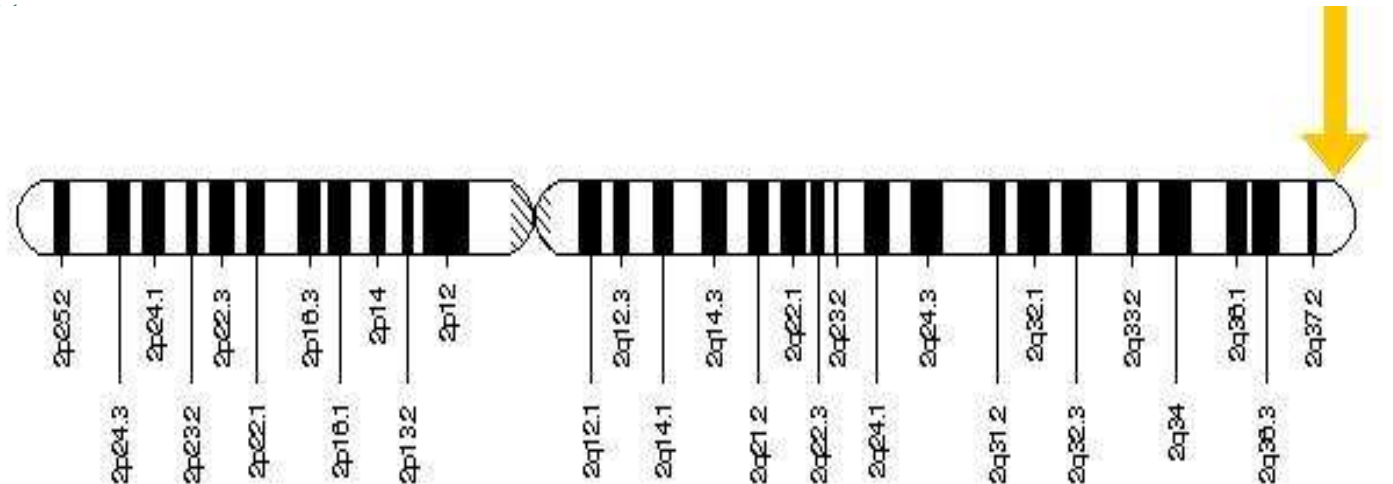


Healthy



Primary hyperoxaluria type I

- The **AGXT** gene is located on chromosome 2 (2p37.3)
- First symptoms:
 - in 15% before one year of age
 - In 50% before five years



Primary hyperoxaluria type I

- Prevalence ranging from 1:3 per million
- Estimated incidence rate of ~1:100 000 live births per year in Europe
- ESKF before 15 years in half of the cases \Rightarrow oxalosis
- PH accounts for ~1% of paediatric end-stage renal disease (ESRD) in registries from Europe, USA and Japan

PHI IN NUMBERS



Prevalence 1:3
per million

~1% of
pediatric ESRD
in Europe, USA
and Japan

1:100 000 live
births per year

~10% in North
African and
Middle Eastern
consanguineous
nations

PHI IN NUMBERS

Onset from
birth to the
6th decade of
life

20-50% of
patients have
advanced
CKD or ESRD
at diagnosis

Risk of death
in PHI is 3
folds

Median
age of onset
5.5 years

5 yr patient
survival rate
after RRT is
76% vs. 92%
in other ESRD
patients

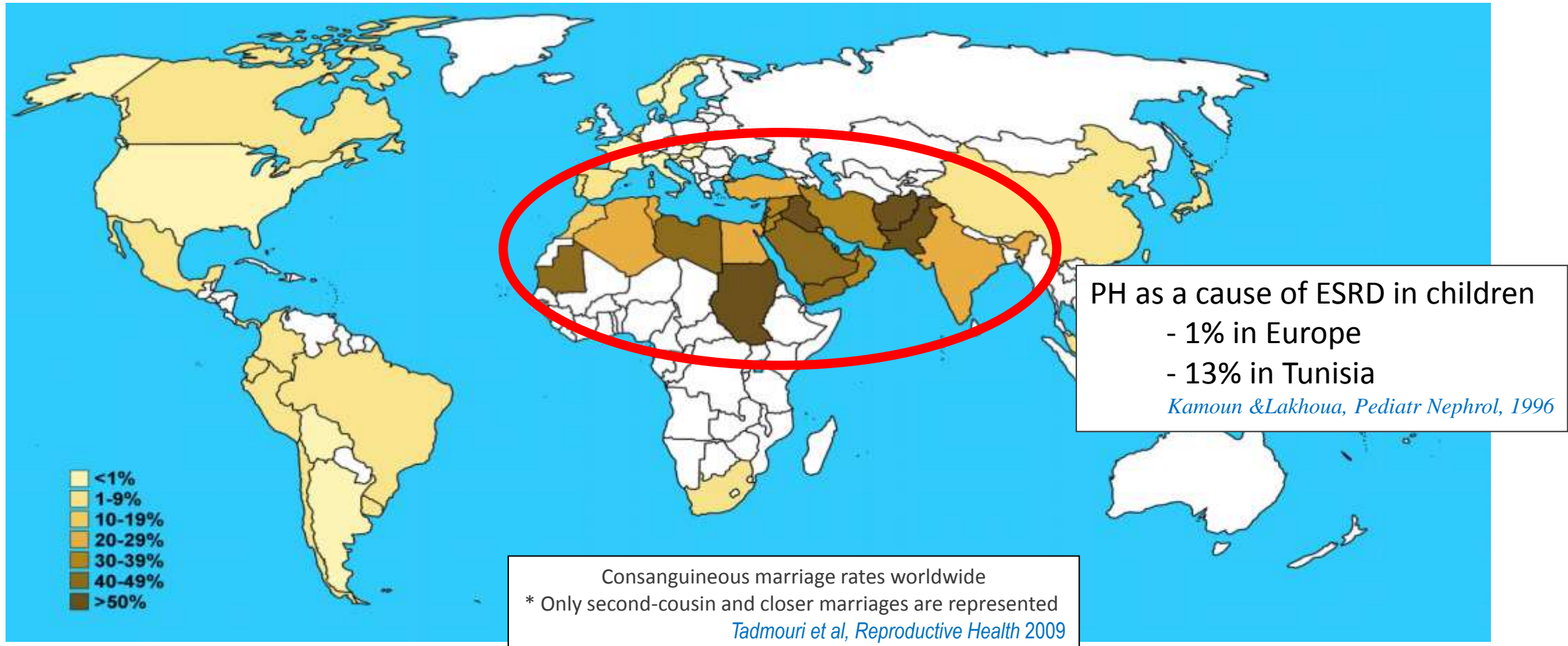
PHI IN NUMBERS

Post-Tx
diagnosis in
10% of
patients

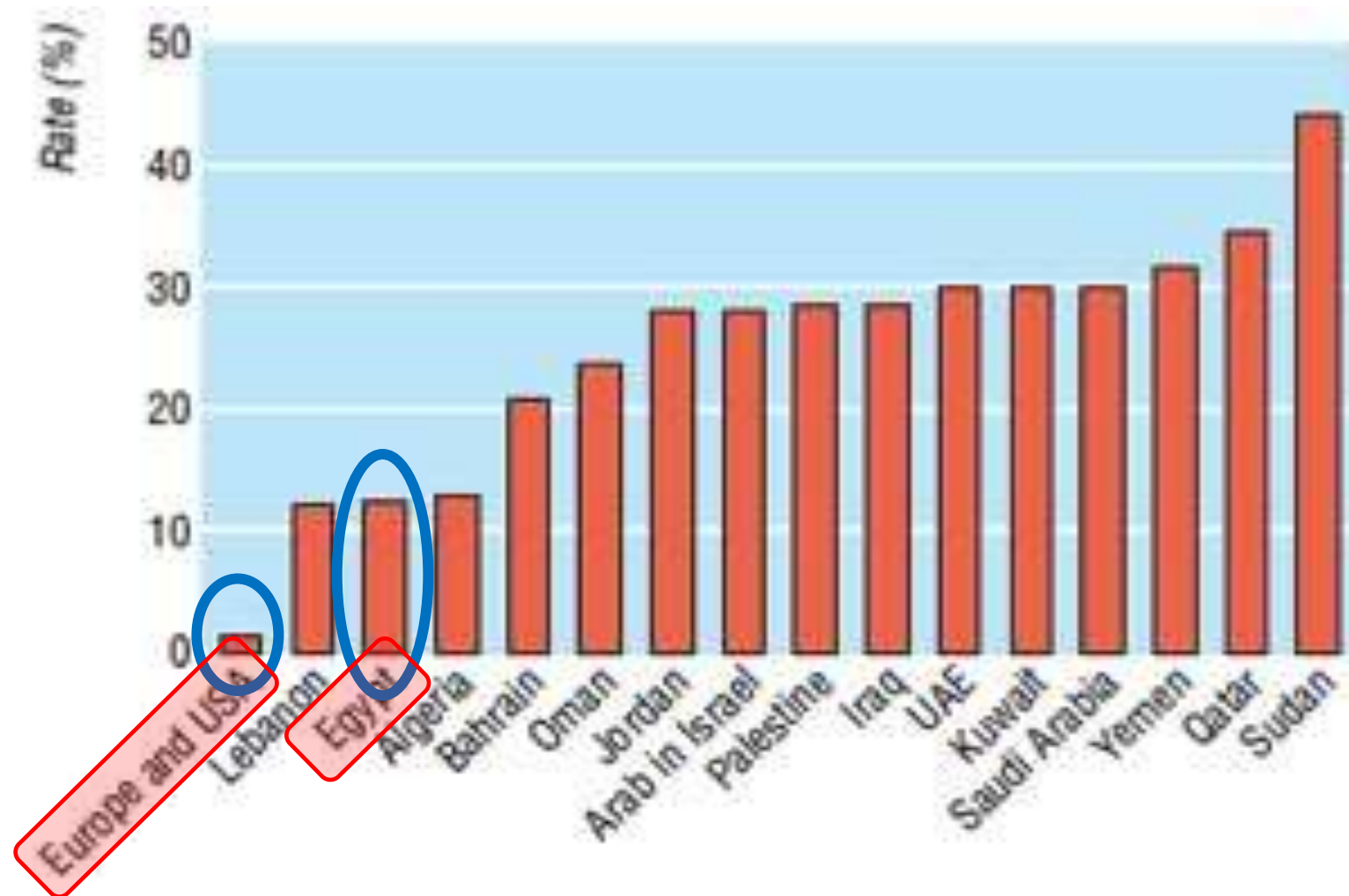
PRESENTATION

- 35%** Infantile form
- 25%** Recurrent stones with progressive CKD
- 15%** Late adulthood onset
- 15%** Presymptomatic diagnosis from pedigree screening
- 10%** Diagnosis from post-renal Tx recurrence

MAJOR ISSUES IN DEVELOPING NATIONS WITH HIGH RATE OF CONSANGUINITY



Average rates of marriages between first cousins among Arabs



Is PH I

OVERLOOKED

in Egypt?



♥ **EGORD** is committed to the identification, and treatment of rare renal disorders through programs of:

♥ Awareness

♥ Support

♥ Education

♥ Research

♥ Advocacy.



EGORD

Help us to tackle rare devastating diseases which claim the lives of children so we can change the face of rare renal diseases in Egypt

EGORD



Podocytes



Cilia



Inherited
nephrolithiasis

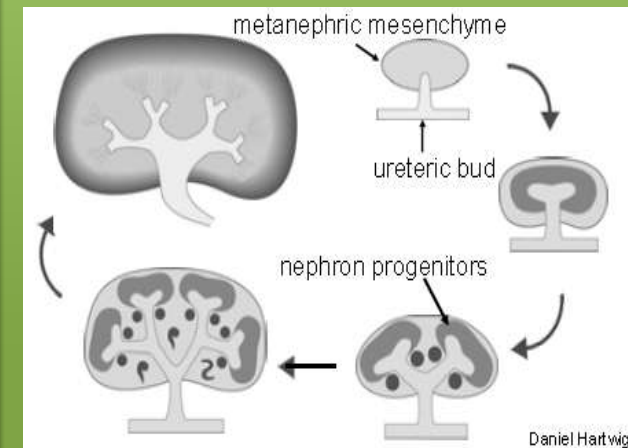


(**PH**, Cystinuria)

Cystinosis



CAKUT





When should we suspect PH1?

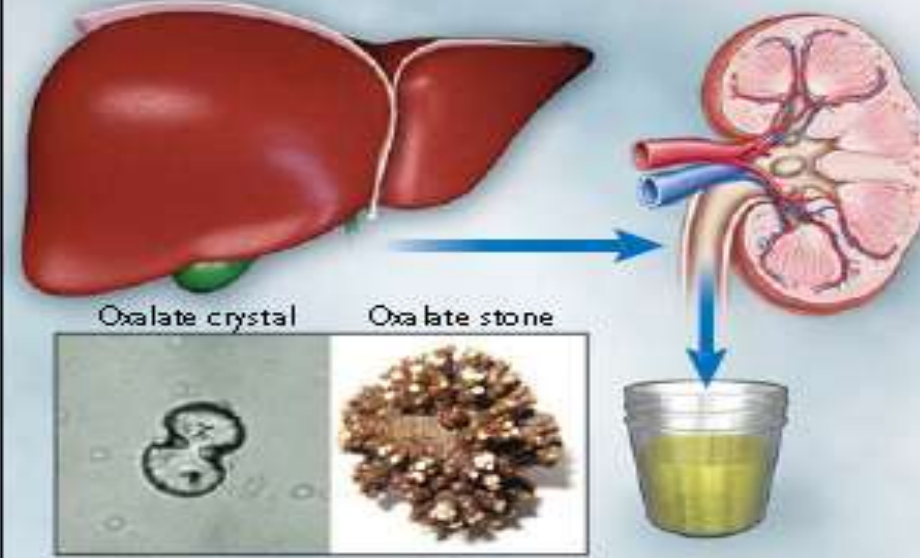
Primary hyperoxaluria type I

- Frequent recurrent **nephrolithiasis**
- **Nephrocalcinosis**
 - In older children or adults: CM regions
 - In infants: diffuse with few if any observable discrete stones.
- **ESRD** with a history of renal stones or calcinosis
- Stone composition of pure calcium **oxalate monohydrate** (whewellite).

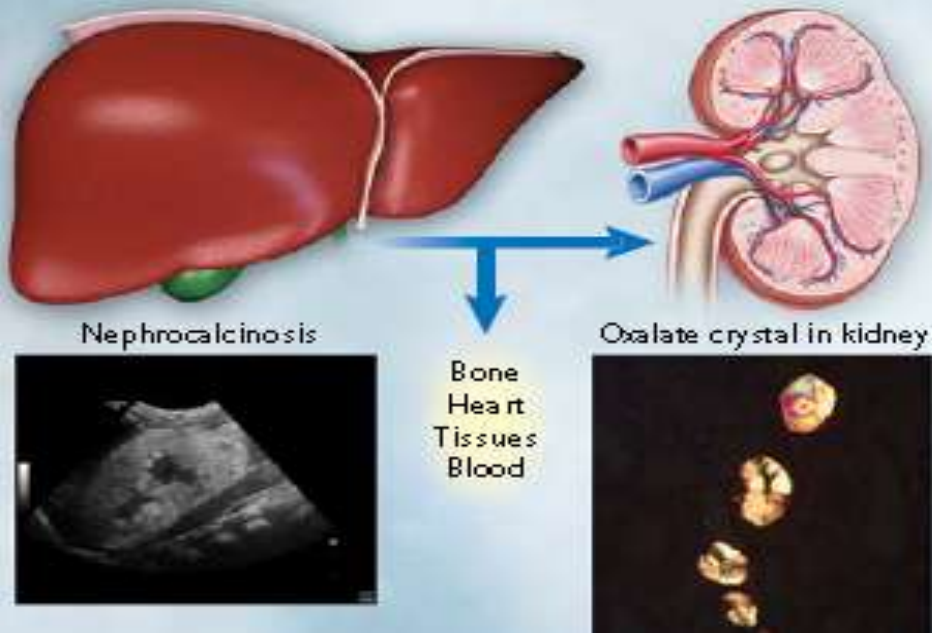
A Unaffected person



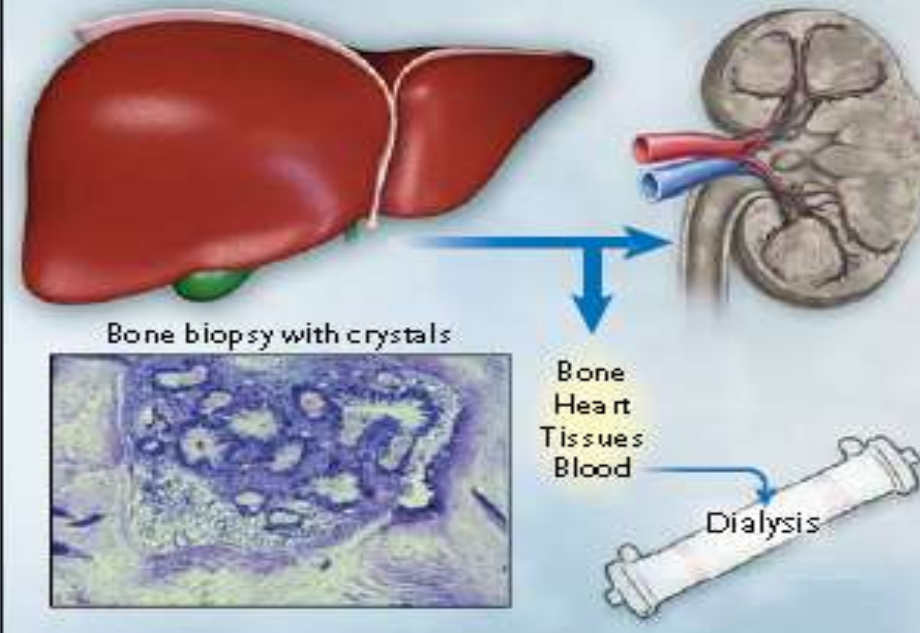
B Chronic kidney disease, stages 1 to 3



C Chronic kidney disease, stages 4 to 5



D Dialysis



Tubular toxicity
from oxalate
nephrocalcinosis

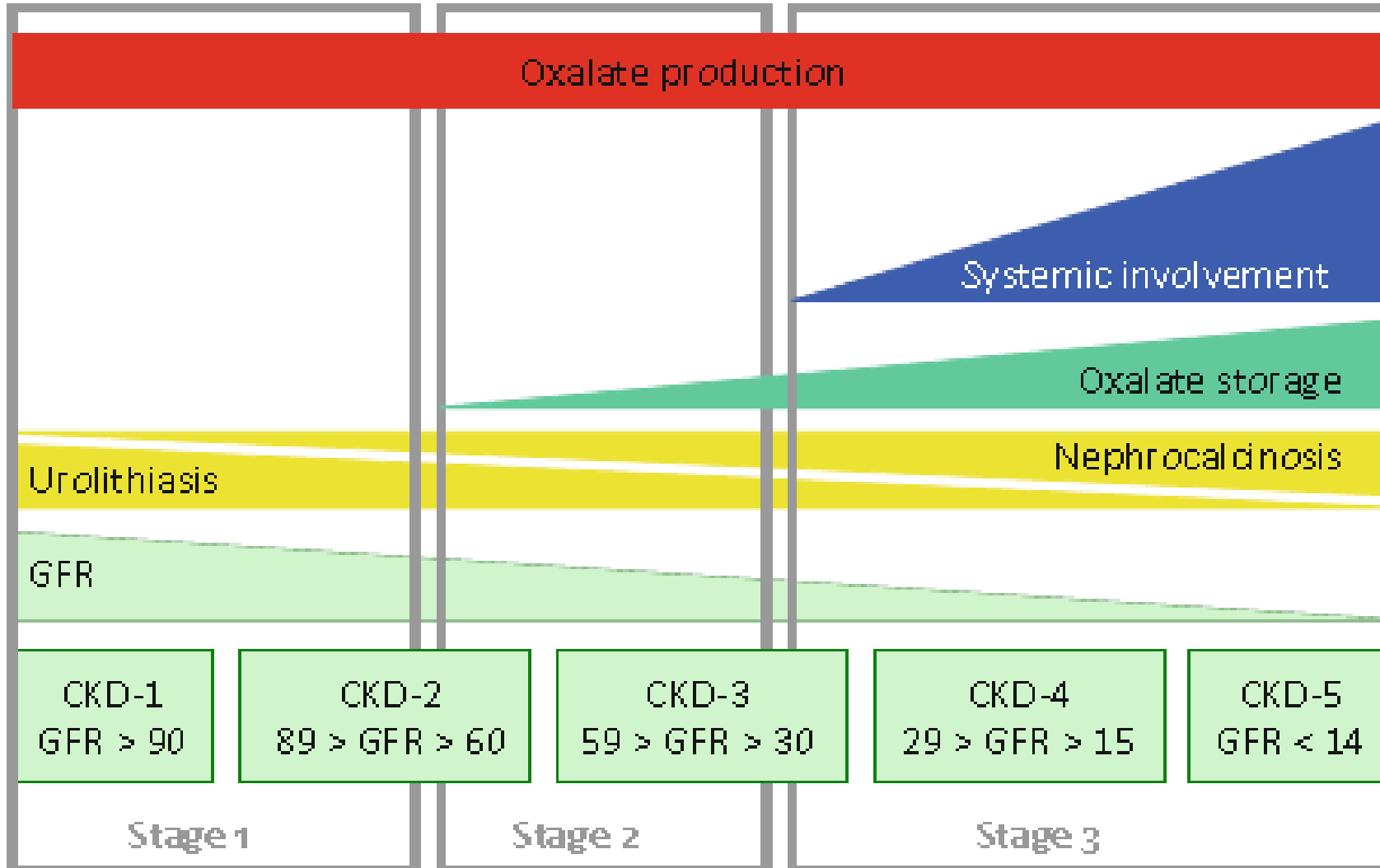
- intratubular
- interstitial deposits of calcium oxalate
⇒ inflammation?

Renal obstruction

- stones
- UTI

Progressive
renal
damage

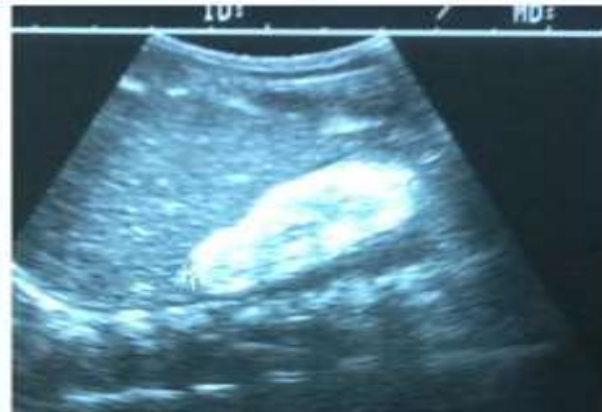
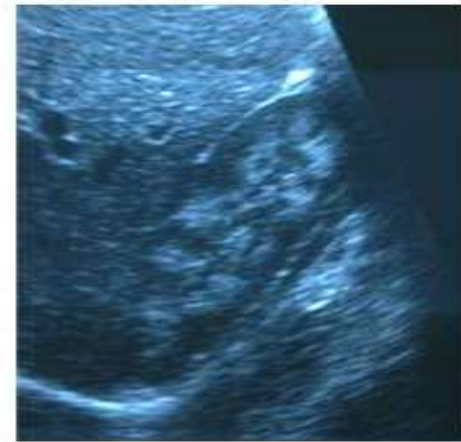
PH I: SIMPLIFIED GLOBAL COURSE OF THE DISEASE



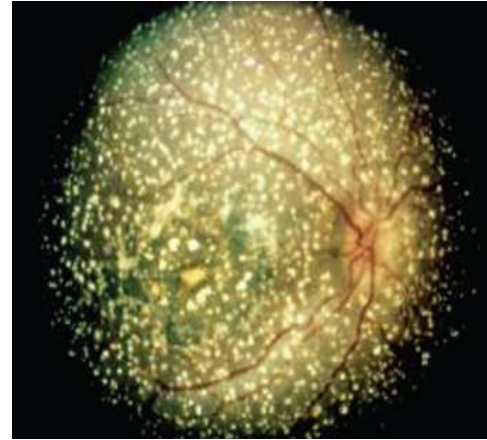
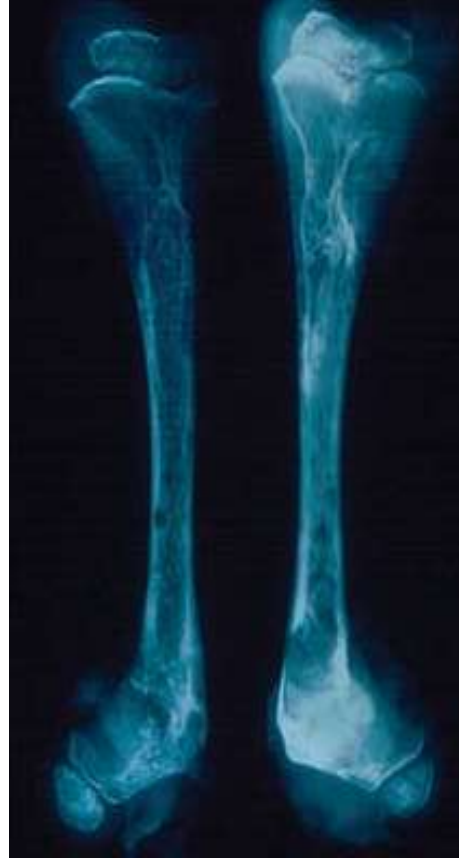
Clinical phenotype



I. Renal phenotype



II. Extrarenal phenotype



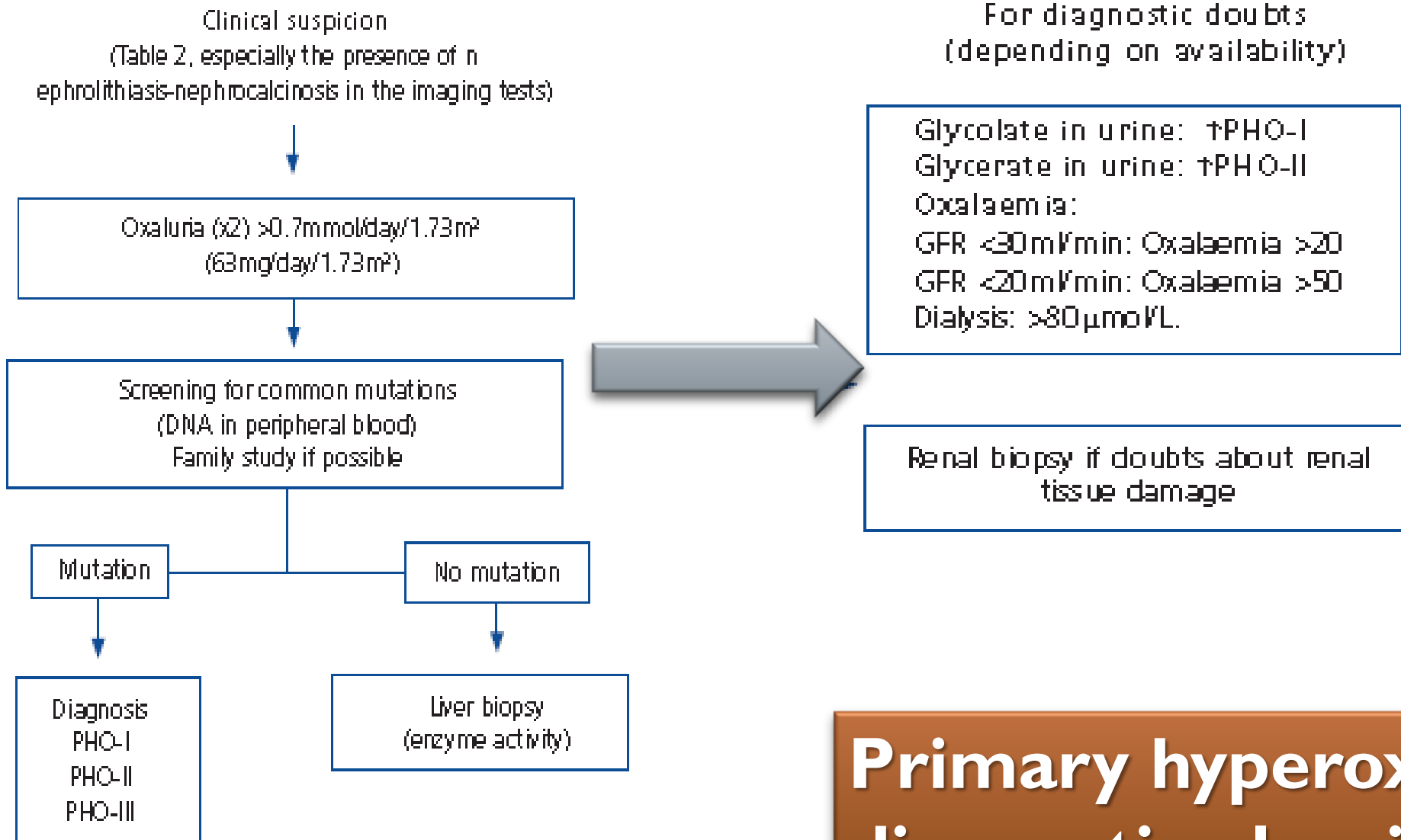
Clinical phenotype

Table 1. Organ involvement in PH patients with renal failure¹

Organ	Symptoms	Diagnosis
Kidney ^b	Stones, medullary or diffuse nephrocalcinosis, cortical nephrocalcinosis	US CT (cortical nephrocalcinosis may be missed on US)
Bone ^c	Fractures, bone pain, growth retardation	X-ray: dense or lucent metaphyseal bands at the growth cartilage plate, vertebral condensations, osteopenia, epiphyseal nuclei (target-like) knee epiphyses
Eye ^c	Disturbed vision, specific brown coloured retinal deposits	Fundoscopy
Arteries ^d	Media calcifications	US, CT
Myocardium ^d	Cardiac failure, arrhythmia, heart block, left ventricular hypertrophy, systolic and diastolic dysfunction	ECG, echocardiography CT: calcifications
Thyroid ^d	Hypothyroidism	US Thyroid function tests
Skin ^e	(Painful) skin nodules, skin necrosis, gangrene, calciphylaxis-like skin lesions, pruritus	Skin biopsy
Nerves ^e	Ischaemic neuropathy	Clinical assessment
Muscle ^e	Myopathy by CaOx deposition	Biopsy, CT
Bowel ^e	Prolonged oxalosis: depositions of CaOx in the intestinal wall	CT
Joints ^e	Arthritis (late sign)	X-ray, CT

Involvement	Organ	Symptoms	Diagnosis
▪ Always	Kidney	<ul style="list-style-type: none"> •Stones •Medullary or diffuse nephrocalcinosis •Cortical nephrocalcinosis 	US, CT (cortical nephrocalcinosis may be missed on US)
	Bone	<ul style="list-style-type: none"> •Fractures •Bone pain •Growth retardation 	X-ray
▪ Frequent	Eye	<ul style="list-style-type: none"> •Disturbed vision •Specific brown colored retinal deposits 	Fundoscopy
	Arteries	<ul style="list-style-type: none"> •Media calcifications 	US, CT
• Often	Myocardium	<ul style="list-style-type: none"> •Cardiac failure •Arrhythmia •Heart block •Left ventricular hypertrophy •Systolic and diastolic dysfunction 	ECG, echocardiography, CT (calcifications)
	Thyroid	<ul style="list-style-type: none"> •Hypothyroidism 	US, thyroid function tests

Involvement	Organ	Symptoms	Diagnosis
▪ Less often	Skin	<ul style="list-style-type: none"> •(Painful) skin nodules •Skin necrosis •Gangrene •Calciophylaxis-like skin lesions •Pruritus 	Skin biopsy
	Nerves	•Ischemic neuropathy	Clinical assessment
	Muscle	•Myopathy by CaOx deposition	Biopsy, CT
	Bowel	•Prolonged oxalosis (depositions of CaOx in the intestinal wall)	CT
	Joints	•Arthritis (late sign)	X-ray, CT

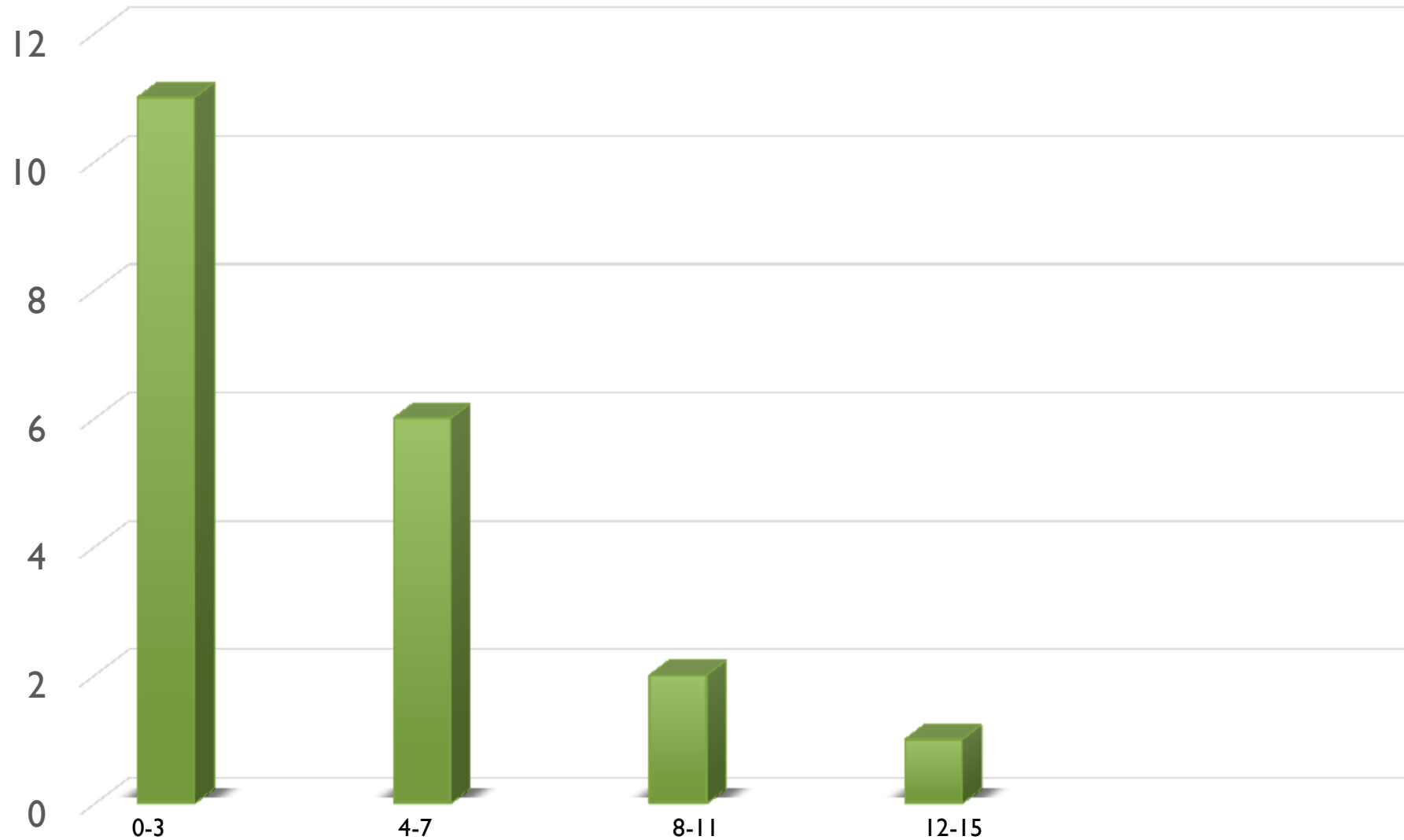


Primary hyperoxaluria diagnostic algorithm

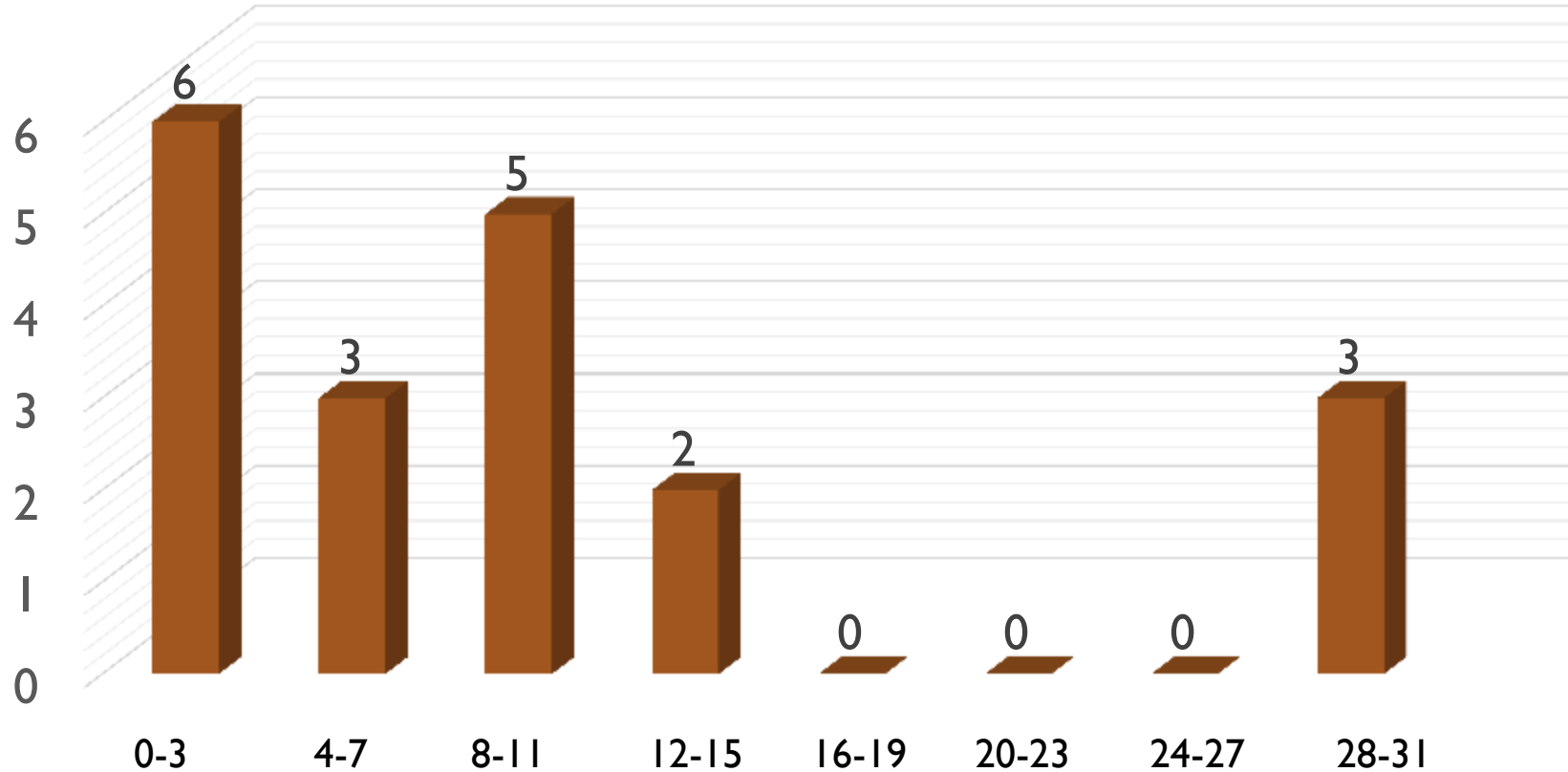
Characteristics of genetically confirmed PH I patients

- Twenty patients/**18** unrelated families
- Consanguinity: **75%**
- Familial: **40%**
- Median age of onset of symptoms: **3 years (range 0.3-16)**
- Median age at diagnosis: **8 years (range 0.3-31)**
- Delay in diagnosis: **0-26 years**

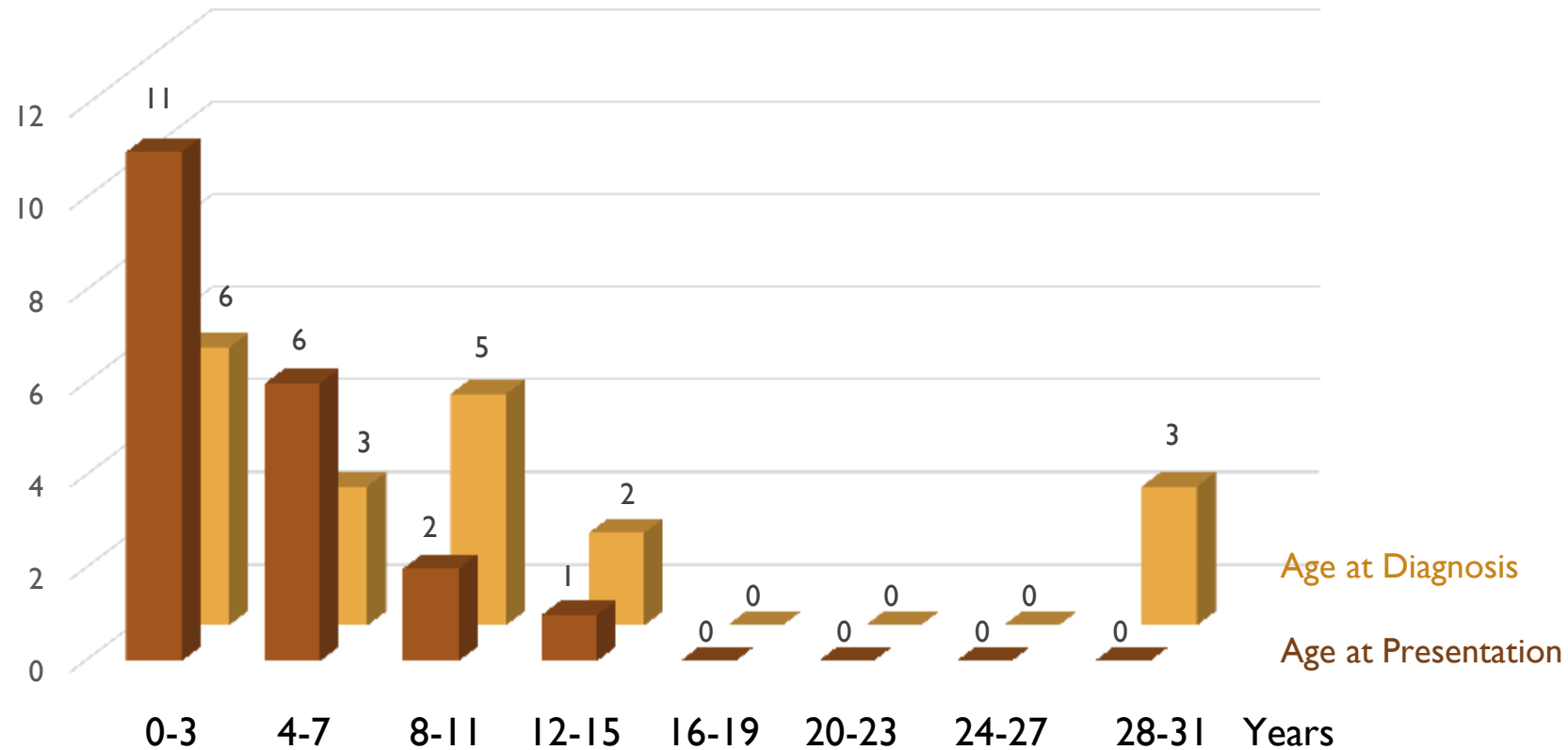
Age of First Presentation in Years



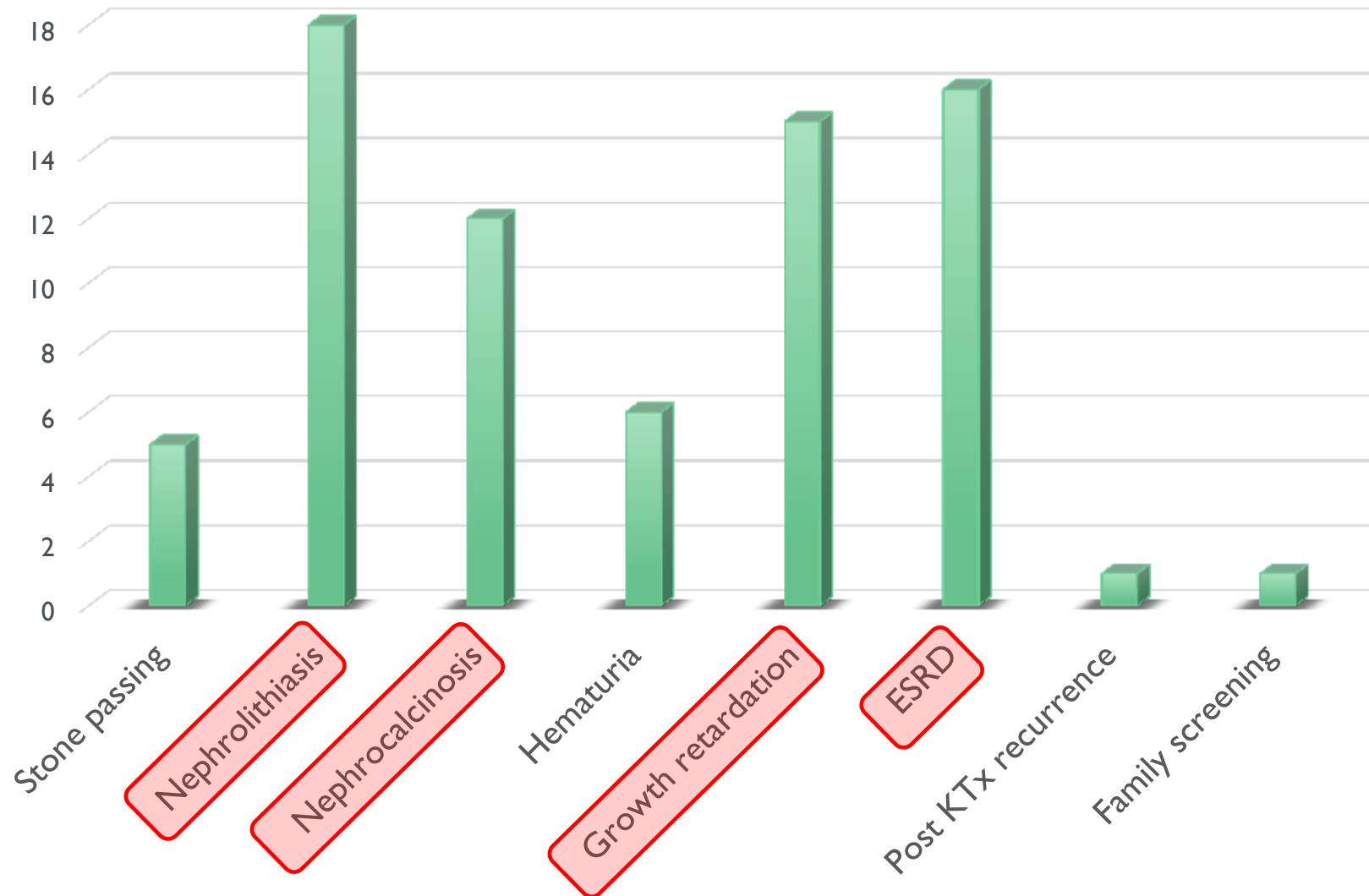
Age at Diagnosis



Age at Presentation/Diagnosis

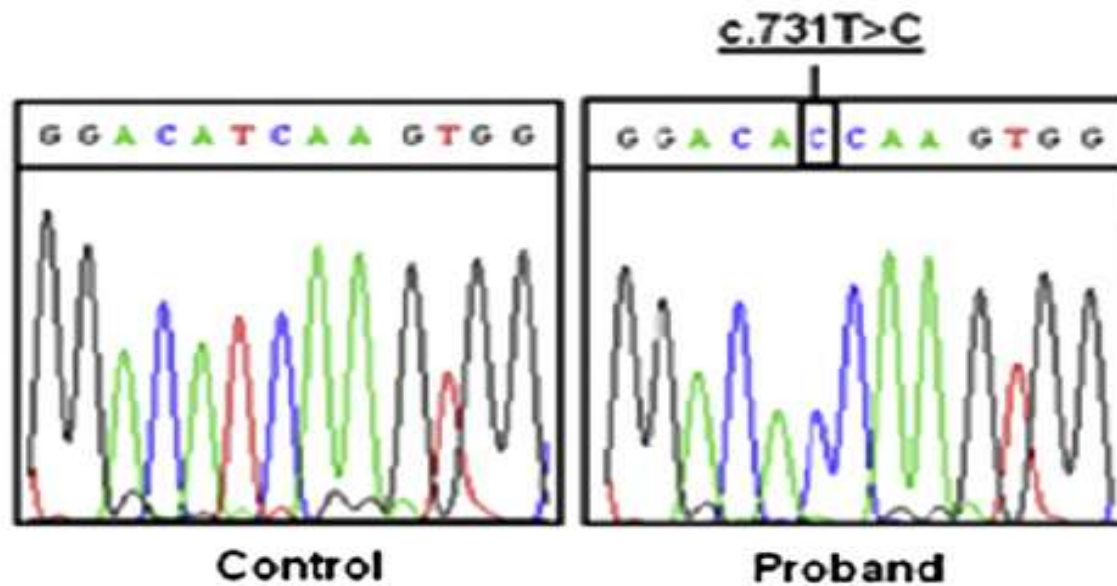


Symptoms and Findings at Presentation





c.731 T>C (I244T) AGXT Mutation





- Most mutations are in a homozygous state, reflecting the high rate of endogamy in our population

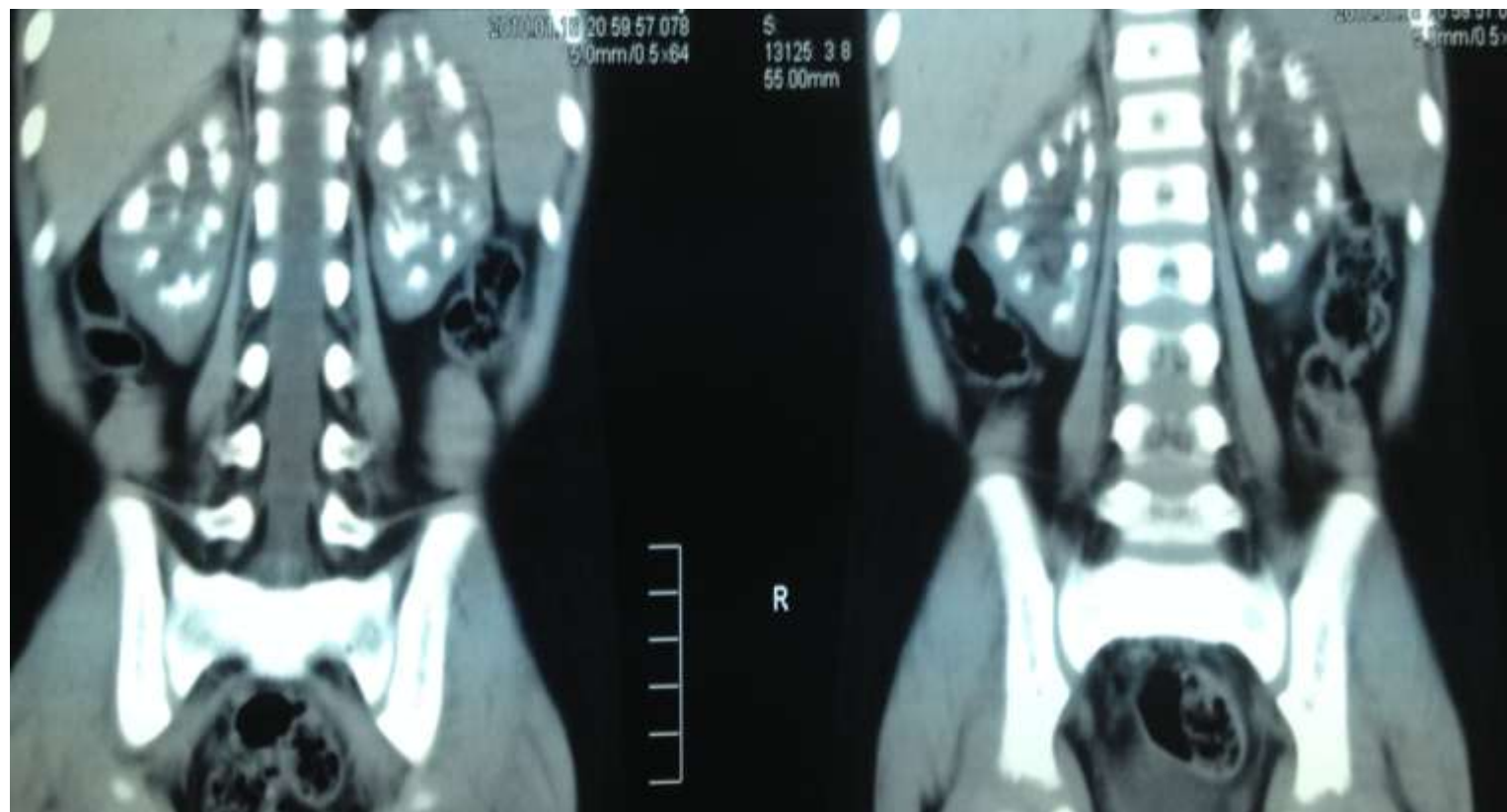
CONSANGUINITY: 75%

INFANTILE PH I

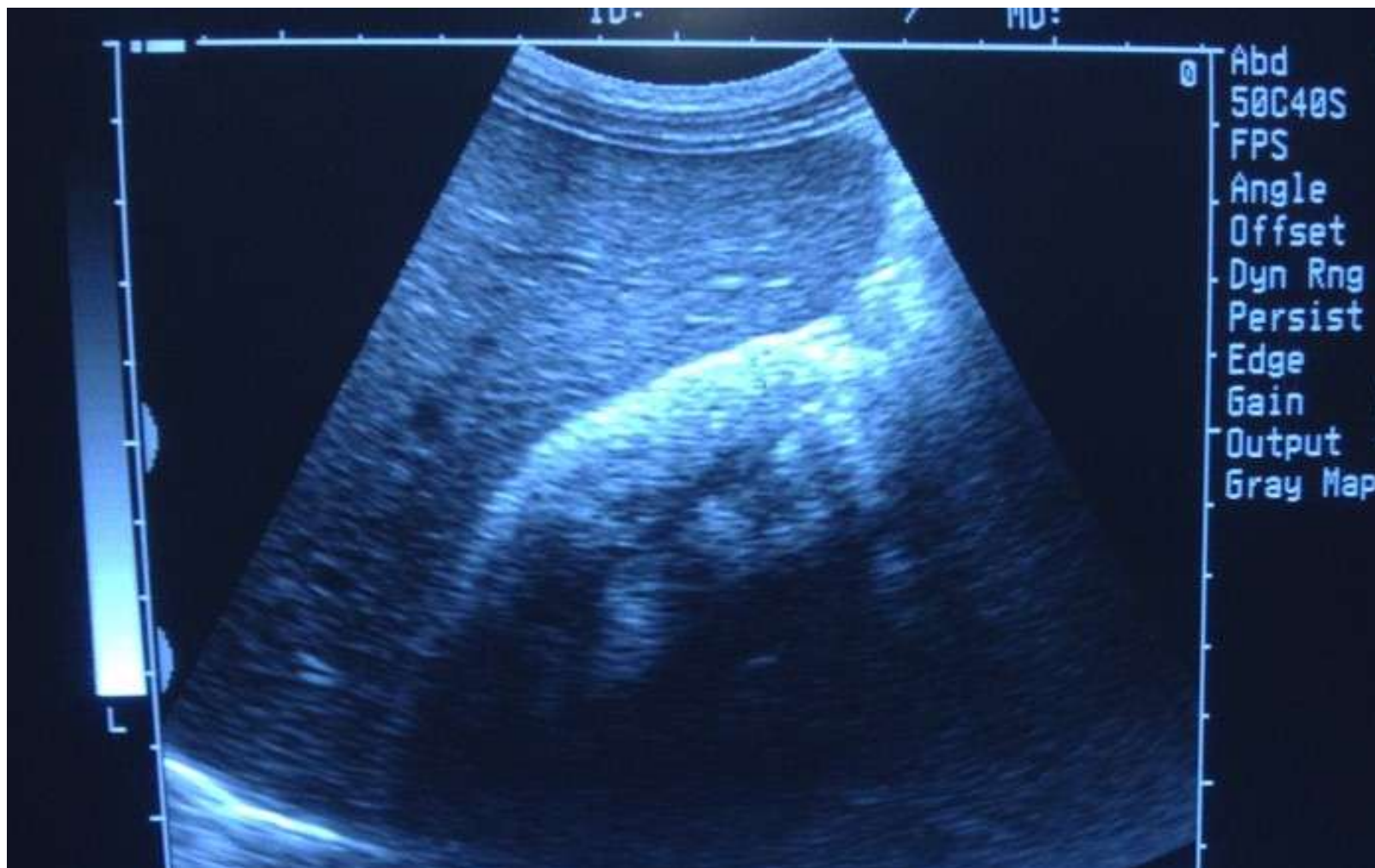
- Three infants 3/20 (15%):
- FTT and ESRD
- Imaging: corticomedullary nephrocalcinosis (few bilateral kidney stones in 1/3)
- Duration between onset of symptoms and diagnosis:
 - 2/3: diagnosed upon presentation
 - 1/3: 3 months delay



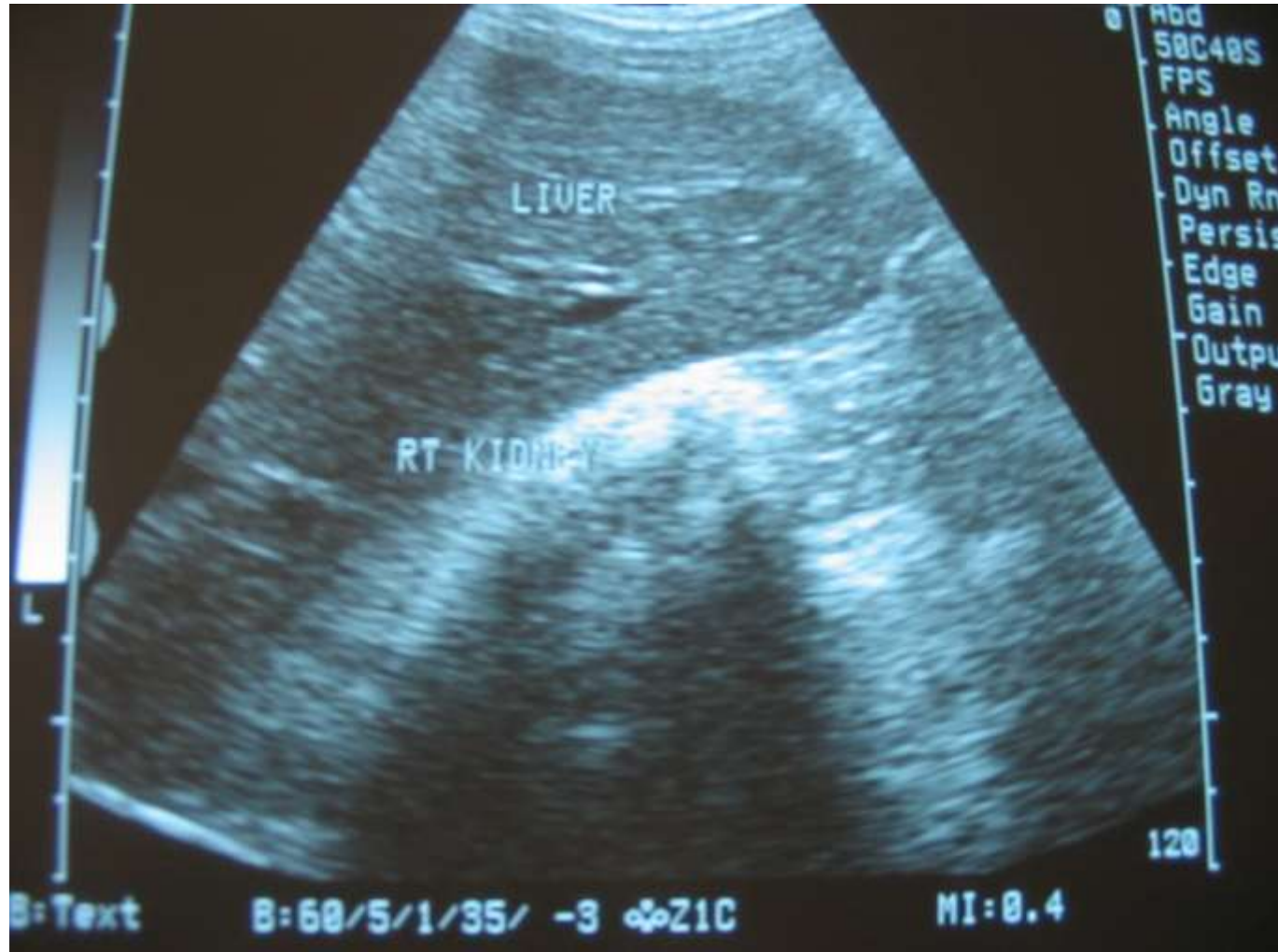








- 28 years old male
- Progressive renal impairment leading to ESRD at the age of 25 years
- Referred as ESRD patient with hyperechogenic kidneys - (ESRD) phenotype
- Unidentified primary renal disease



- 12 years old male
- Referred as ESRD patient with “hyperechogenic kidneys” - (ESRD) phenotype
- Unidentified primary renal disease



WHAT IS THE
OPTIMUM
MANAGEMENT PLAN?



Pre-Tx

**Diagnostic
evaluation**

Pre-Tx work up

**Therapeutic
intervention**

Tx

Tx Strategy

- Donor selection
- Transplantation
- Immunosuppression
protocol

Post-Tx

Recurrence

Pre-Tx

No identified Dx

Extent of disease

Room for
therapeutic
intervention!

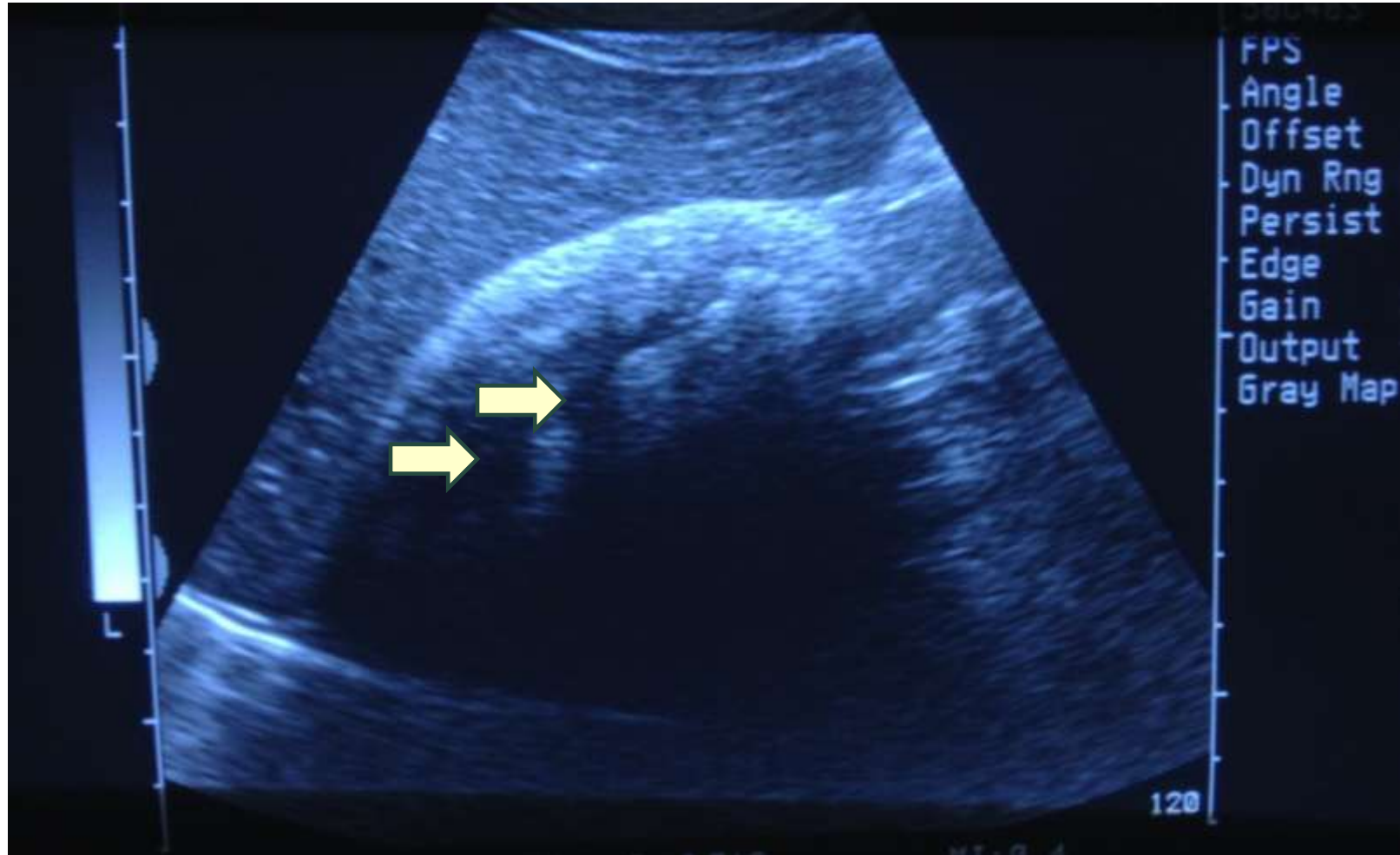
Tx

Tx Strategy

- LRD or LURD
- Kidney alone!
- Immunosuppression protocol!

Post-Tx

Risk of
recurrence?



High index of suspicion

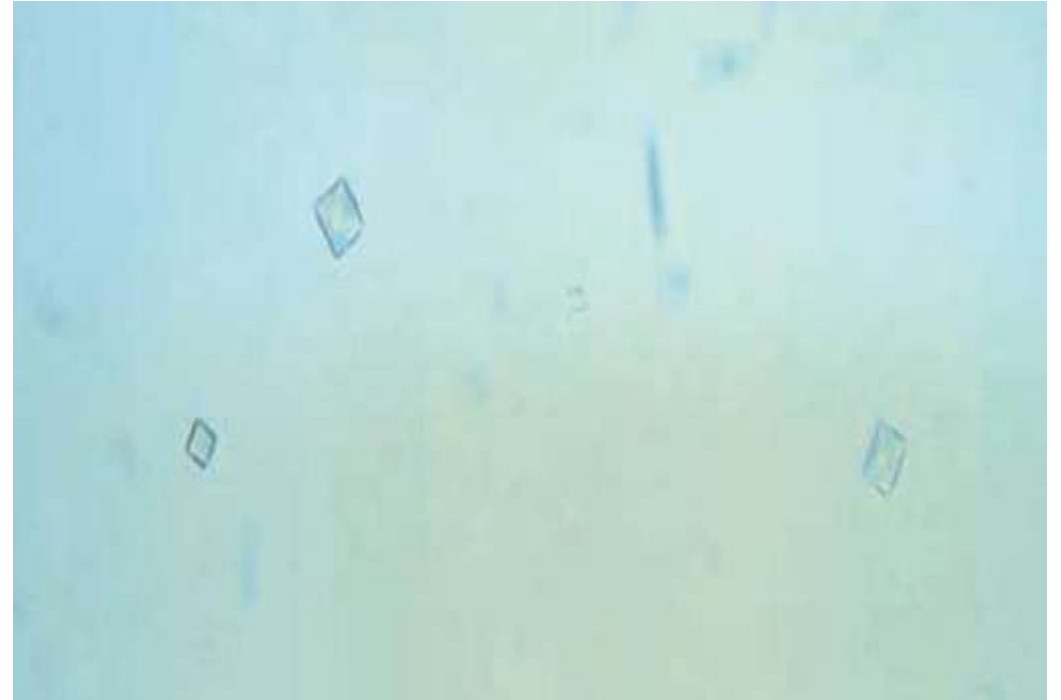


DIAGNOSIS



Urine crystals:

Monohydrated calcium oxalate (whewellite)



- **Urine oxalate**

> 0.5 mmol/1.73m²/d

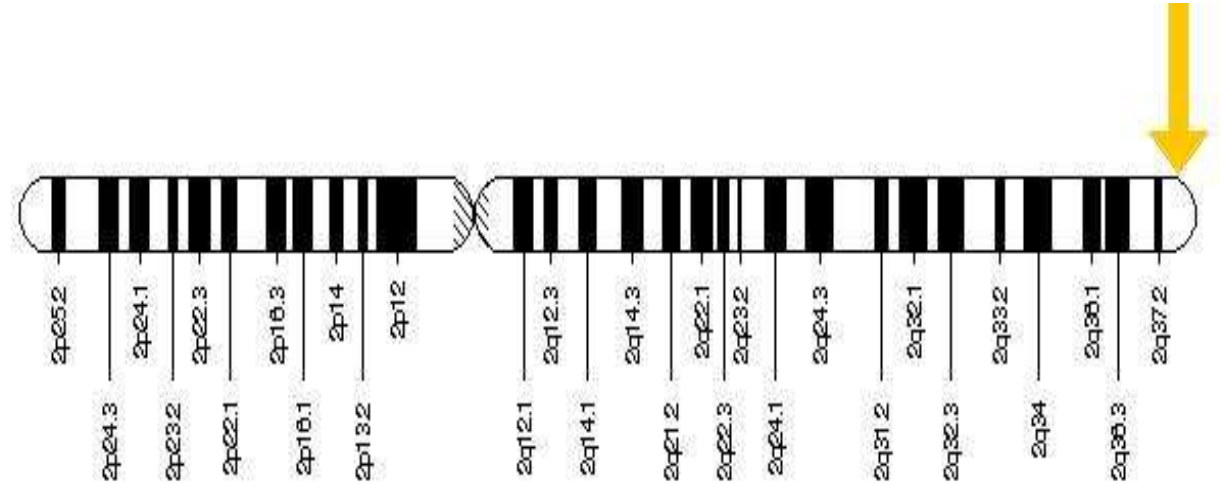
- **Uox/Ucr**

Urinary Excretion	Reference Range
24-Hr specimen	
Oxalate, all ages	<45 mg (0.5 mmol)/1.7 m ²

Random ("spot") specimen	
Oxalate:creatinine	
<1 yr	11.9–207 µg/mg (15–260 µmol /mmol)
1 to <5 yr	8.7–95.6 µg/mg (11–120 µmol /mmol)
5 to 12 yr	47–119 µg/mg (60–150 µmol /mmol)
>12 yr	1.6–63.7 µg/mg (2–80 µmol /mmol)

Genotyping

- *AGXT* gene sequencing
- Prenatal diagnosis



Pediatr Nephrol (2005) 20:555–557
DOI 10.1007/s00467-005-1813-0

EDITORIAL COMMENTARY

Ernst Leumann · Bernd Hoppe

Primary hyperoxaluria type 1: is genotyping clinically helpful?

- **Plasma oxalate** $N < 5 \mu\text{mol/L}$

Limited value for diagnosis

- **Enzyme activity** Liver biopsy: limited indications

SUPPORTIVE MEASURES

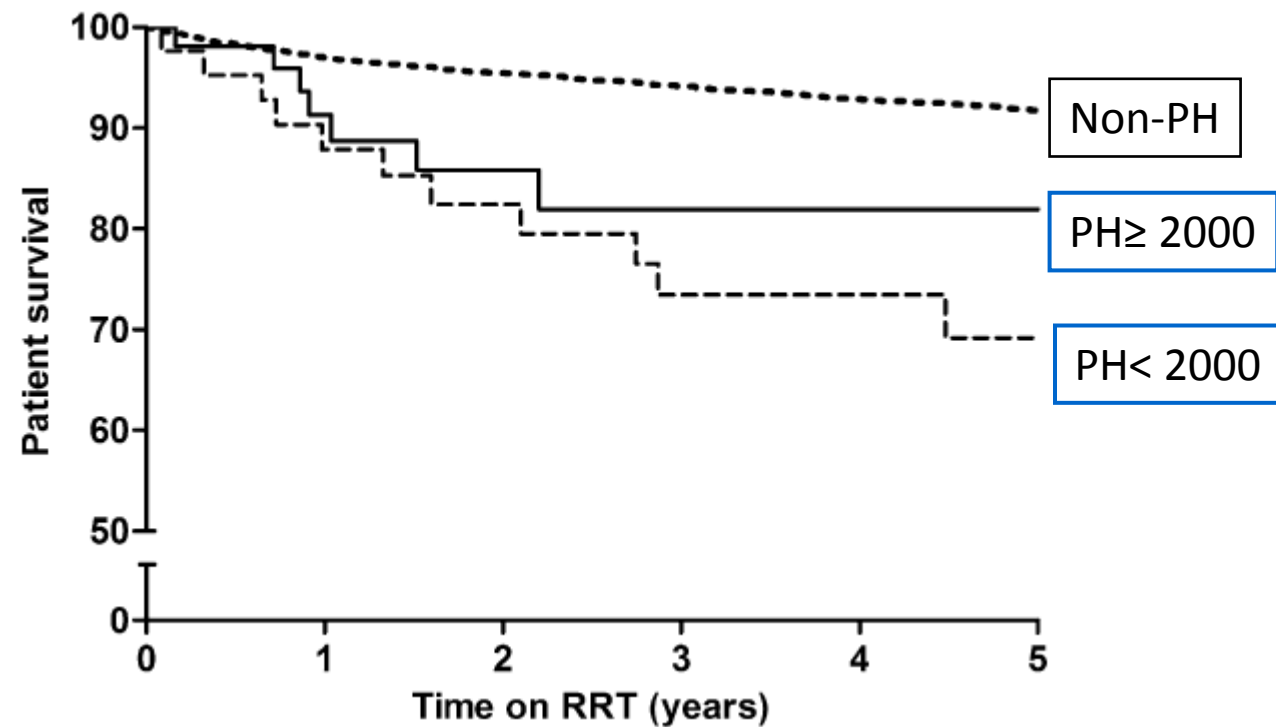
- High fluid intake $\geq 3 \text{ L/m}^2$ per 24 h
 - Tube feeding for adequate hydration (infants)
- Vitamin B6 (pyridoxine)
 - Starting at a dose of 5 mg/kg, up to 20 mg/kg per day
 - Aiming to decrease Uox by $< 30\%$ (pyridoxine sensitivity)
- Calcium oxalate crystallization inhibition
 - Oral potassium citrate
 - 0.10–0.15 g/kg BW per day as long as GFR is preserved

No special dietary interventions in the absence of CKD

SURGICAL MANAGEMENT OF UROLITHIASES

- **Avoid any kind of surgical intervention** in patients with uncomplicated urinary stone disease, except when there is obstruction, infection or multiple stones
- **Mini-invasive endoscopic (laser) procedure** is the preferred strategy in patients who require intervention

RRT: UNADJUSTED 5-YEAR PATIENT SURVIVAL



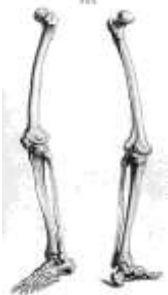
DIALYSIS

Systemic deposition as soon as $P_{ox} > 40$ to $50 \mu\text{mol/L}$

- Conventional HD

50%

50%

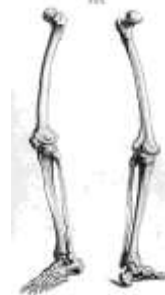


Oxalate production
by the liver
4 to 8 mmol/day

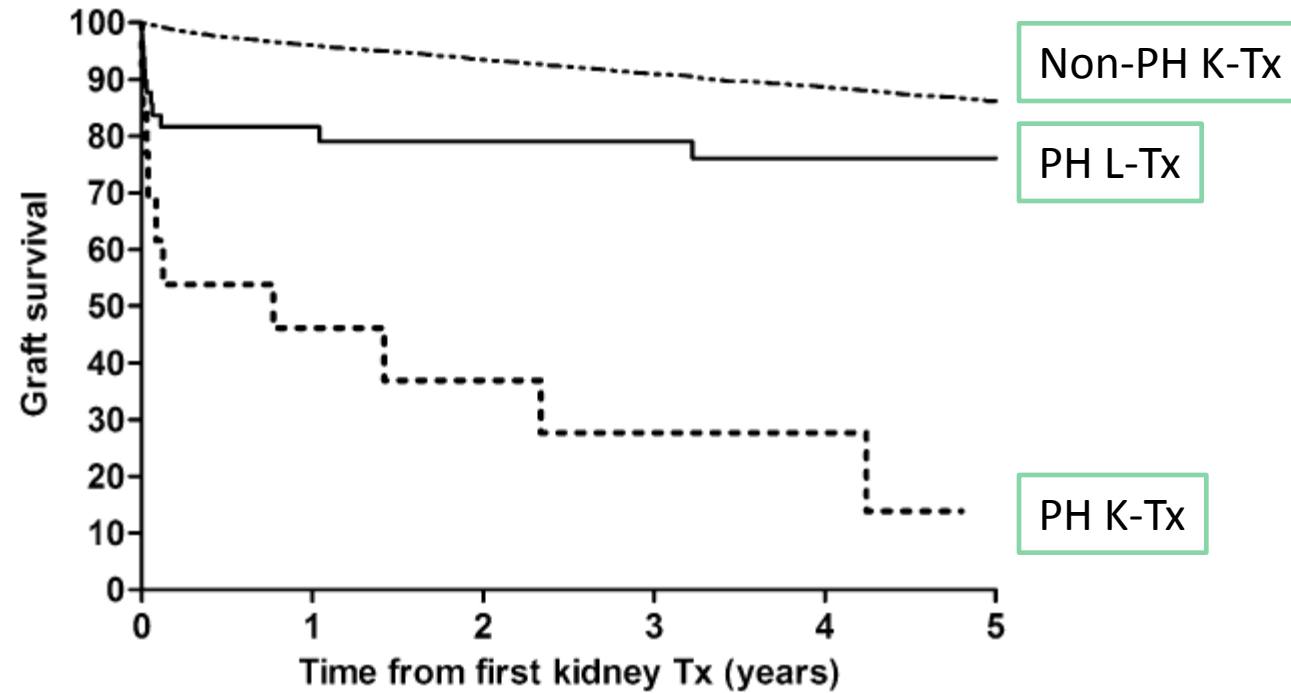
- Daily HD
- Nocturnal dialysis
- Combination HD + PD

25%

75%



Isolated kidney transplant	Early: not appropriate due to the uncertainty of renal deterioration in slowly progressing cases. If there is rapid renal deterioration or the patient is on dialysis, the best option is dual transplantation. It may be considered in cases of slow renal deterioration, usually in older patients.
Simultaneous liver-kidney transplant	The best option in patients with advanced renal failure or on dialysis. It should be carried out at the earliest possible stage (GFR 15-20ml/min). The donor must obviously always be deceased.
(Split) partial liver transplant	Not recommended, due to the liver's excess residual oxalate production. Transplantation would be from a living donor and would be carried out using one of 3 methods: partial liver (when GFR >15-20ml/min), simultaneous liver-kidney or sequential liver-kidney. Consider in exceptional and critical situations.
Isolated liver transplant	Ideal when there is not yet advanced renal failure (GFR >20ml/min) in young adults or children.
Sequential liver and kidney transplant	This option requires two donors, but it is less aggressive from the surgical perspective. If GFR >15-20ml/min, the option is liver first and assessment of subsequent kidney progression. If GFR <15-20ml/min, the option is kidney first. Consider in cases of advanced kidney damage but with very slow progression.

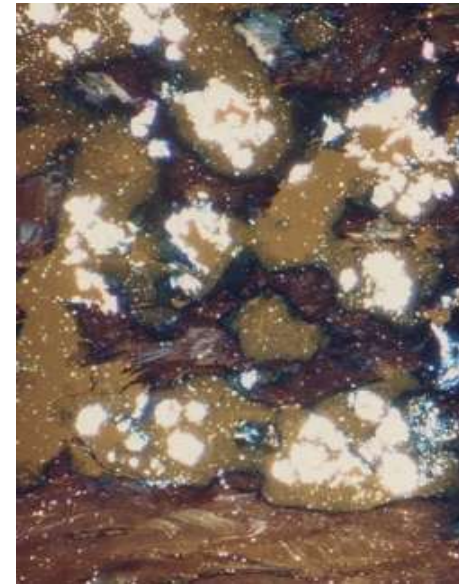
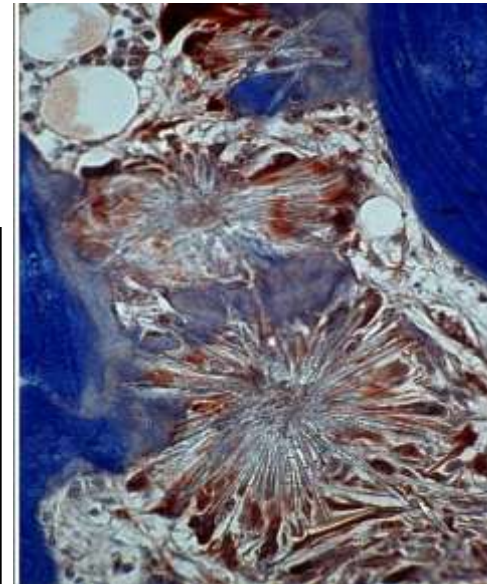
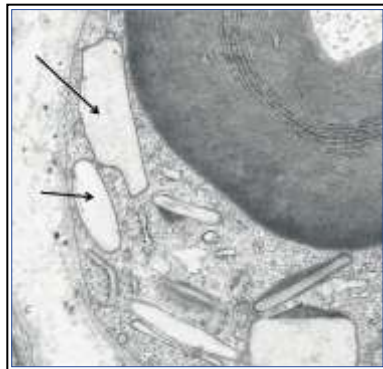
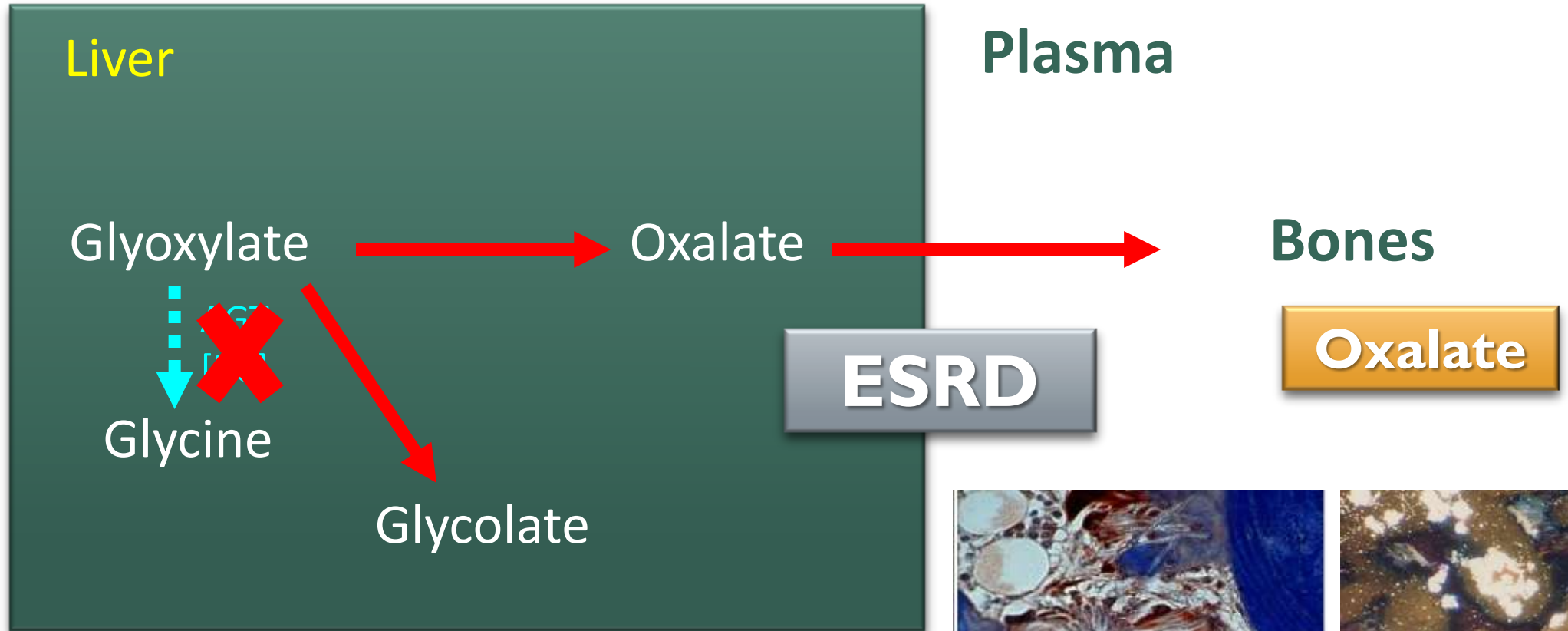


UNADJUSTED 5-YEAR KIDNEY GRAFT SURVIVAL

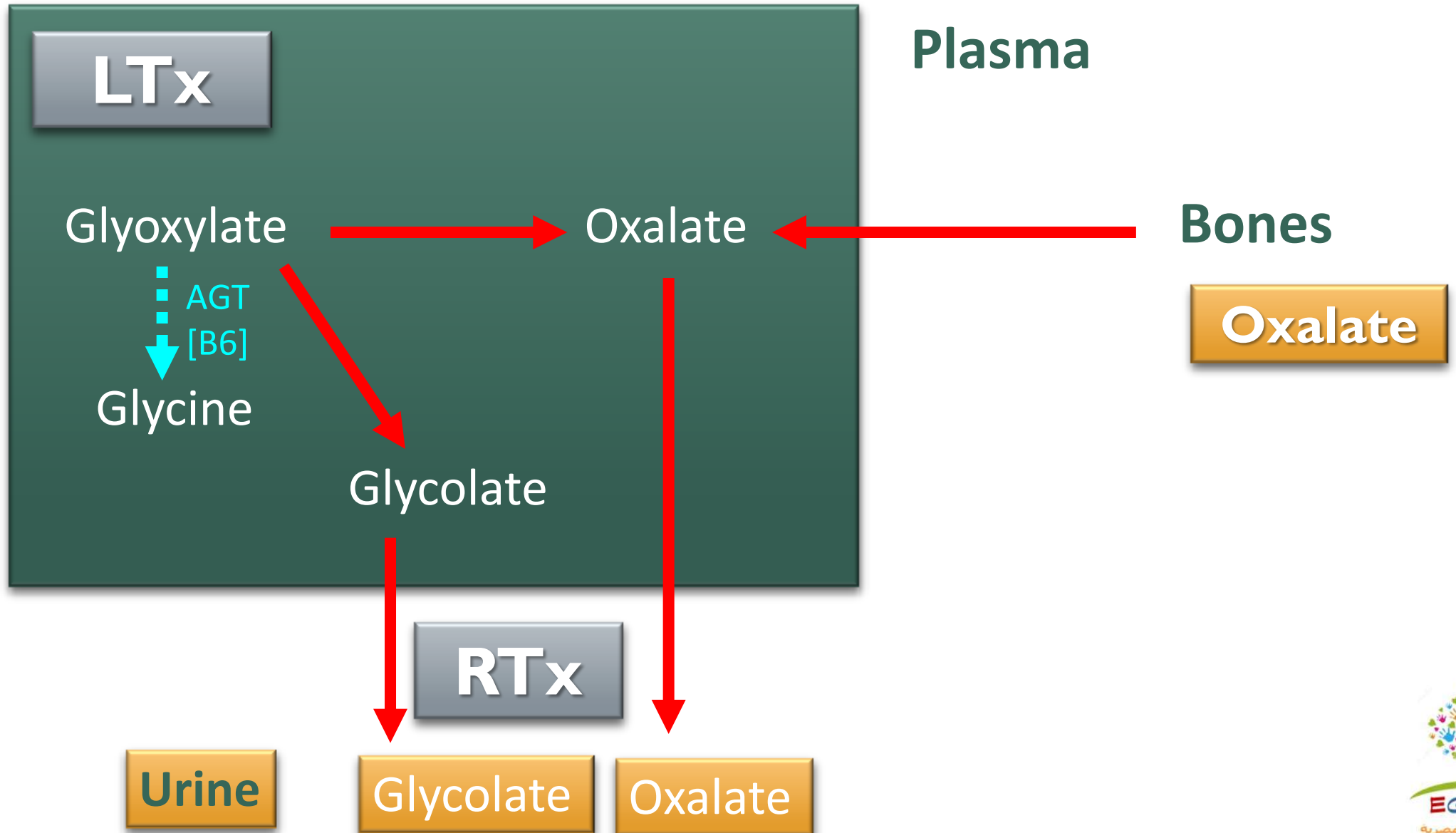
Clinical phenotype, genotype, and graft survival of combined liver and kidney transplanted PH1 patients

EGORD #	Family #	Gender	Age of onset (Yr)	Age at Dx (Yr)	Stones	NC	Graft survival (Yr)
01.05.10/PH	1	M	3	3.5	Numerous	CM	5
02.10.10/PH	2	F	7	10	Numerous	0	4
08.09.11/PH	8	M	5	6	Few	CM	2

Healthy



Healthy



Suggested Tx options

according to residual GFR, systemic involvement and local facilities

<i>Tx strategy</i>	Simultaneous liver + kidney	Sequential liver–kidney	Isolated kidney	Isolated liver
CKD Stage 3 (30 < GFR < 59)				Expert opinion
CKD Stage 4 (15 < GFR < 29)			Gly170Arg Phe152Ile	
CKD Stage 5 (GFR < 15)		+++	Gly170Arg Phe152Ile	
Infantile form (ESRD < 2 years)		+++		
<i>HD strategy</i>	Perop + postop according to POx and GFR	Standard HD following liver Tx aiming at POx < 20 µmol/L	Preop + perop	Sometimes peroperative

CONCLUSIONS

- Highly consanguineous cohort
- Phenotypic heterogeneity and intrafamilial variability
- Majority homozygous mutations
- Genetic heterogeneity: 12 different *AGXT* mutations
- Three out of 12 mutations were identified in 62% of studied families

CONCLUSIONS

- **Priorities**
 - Think of PH
 - Early supportive measures ASAP
 - Patient/family counseling regarding lifelong management
- **Management of PH requires technical and ethical resources**
- **Various treatment options may help in the future**



ASN 2015

Time	Min	Topic	Presenter/Moderator
12:45-12:50	5	Introduction-Overview of Program Update from RKSC/RDCRN	Dr. Milliner
12:50-1:00	10	Overview of RKSC Protocols (All 4 diseases) <ul style="list-style-type: none"> • Registry • Biobank • QoL 	Dr. Milliner
1:00-1:05	5	International registry opportunities with OHF	Ms. Kim Hollander
1:05-1:20	15	Guest Speaker Title: Primary hyperoxaluria type I in Egypt: clinical phenotypes and mutational spectrum of the AGXT gene	Dr. Soliman
1:20-1:30	10	ProRKS Protocol <ul style="list-style-type: none"> • Objectives • Eligibility • Expectations 	Dr. Lieske
1:30-1:40	3 7	Pilot Projects/Training Program Overview Pilot project report	Dr. Goldfarb Dr. Langman
1:40-1:45	5	Discussion and Closing Comments	Dr. Milliner



